

## Ventrus Primary School Menu **Week 1** – week commencing **7 Sept / 21<sup>st</sup> Sept / 5<sup>th</sup> Oct / 19<sup>th</sup> Oct**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main</b> - Macaroni cheese 2711 <b>Veg</b> - Quorn hotdog Potato squares and sweetcorn  Jacket Potato with cheese and beans  Various Ice-creams	<b>Main</b> -Sausage, mash and peas  <b>Veg</b> - Jacket potato with cheese and beans  Cookie	<b>Main</b> - Pizza with potato squares and sweetcorn  <b>Veg</b> - Cheese and tomato pasta bake with focaccia bread  Jacket potato with cheese and beans  Various yoghurts	<b>Main</b> - Breaded fish with potato wedges and peas  <b>Veg</b> - Jacket potato with cheese and beans  Cake	<b>Main</b> - Chicken nuggets, fries and vegetable sticks  <b>Veg</b> - Quorn dippers, fries and vegetable sticks  Jacket potato with cheese and beans  Various Ice-creams
<b>School packed lunch option</b>	<b>School packed lunch option</b>	<b>School packed lunch option</b>	<b>School packed lunch option</b>	<b>School packed lunch option</b>
Sausage roll, dessert, fruit and crisps	Ham sandwich, dessert, fruit and crisps	Cheese and onion pasty, dessert, fruit and crisps	Cheese sandwich, Dessert, fruit and crisps	Ham Sandwich, dessert, fruit and crisps

## Ventrus Primary School Menu **Week 2** – week commencing **14<sup>th</sup> Sept / 28<sup>th</sup> Sept / 12<sup>th</sup> Oct**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main</b> - Hot Dog Potato squares and Peas  <b>Veg</b> - Vegetable bolognaise with pasta  Jacket potato with cheese and beans  Various Ice-creams	<b>Main</b> - Breaded fish Fingers with potato wedges and peas  <b>Veg</b> - Jacket potato with cheese and beans  Cookie	<b>Main</b> - Pizza with potato squares and sweetcorn  <b>Veg</b> - Quorn sausage roll with potato squares and sweetcorn  Jacket potato with cheese and beans  Various yoghurts	<b>Main</b> - Beef Bolognaise Pasta and Sweetcorn  <b>Veg</b> - Jacket potato with cheese and beans  Cake	<b>Main</b> - Crispy chicken goujons, fries and vegetable sticks  <b>Veg</b> - Quorn dippers, fries and vegetable sticks  Jacket potato with cheese and beans  Various Ice-creams
<b>School packed lunch option</b>	<b>School packed lunch option</b>	<b>School packed lunch option</b>	<b>School packed lunch option</b>	<b>School packed lunch option</b>
Sausage roll, dessert, fruit and crisps	Ham sandwich, dessert, fruit and crisps	Cheese and onion pasty, dessert, fruit and crisps	Cheese sandwich, Dessert, fruit and crisps	Ham Sandwich, dessert, fruit and crisps