









LUNCH MENU – WEEK 1

30th Oct / 20th Nov / 11th Dec / 15th Jan / 5th Feb / 4th & 25th Mar



Malted, Wholemeal Sliced Baguettes, Low Fat Yoghurts, Milk and Water available daily. All Special Diets catered for.


Monday	Tuesday	Wednesday	Thursday	Friday
Vegan Sausages DF or GF Pork Sausage Potato Wedges	Vegetable Nachos & Wholegrain Rice DF/GF/Vegan	Cauliflower Bites DF/GF/Vegan	Vegan Nuggets DF GF Fish Fingers GF	Vegan Meatballs in Tomato Sauce with GF Pasta DF/GF
Jacket Potato Vegan Cheese	Jacket Potato with Beans	Jacket Potato with Veggie Chilli	Jacket Potato with Vegan Cheese	Jacket Potato with Vegan Cheese & Beans
Baked Beans & Mixed Vegetables	Sweetcorn & Broccoli	Mash Potato & Cauliflower	Chips, Sweetcorn, Tomato Sauce & Cucumber Sticks	Fresh Sliced Carrots & Peas
Fruit Smoothie	DF/GF/Vegan Bar	Pip Lolly	DF/GF/Vegan Cookie	Fresh Fruit





LUNCH MENU – WEEK 2



6th & 27th Nov / 1st & 22nd Jan / 19th Feb / 11th Mar




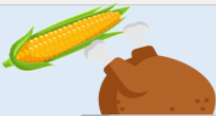
Malted, Wholemeal Sliced Baguettes, Low Fat Yoghurts, Milk and Water available daily. All Special Diets catered for.

Monday	Tuesday	Wednesday	Thursday	Friday
Roasted Stuffed Pepper DF/GF/Vegan	Sweet Potato & Spinach Curry & Rice DF/GF/Vegan	Cauliflower Bites DF/GF/Vegan	Vegan Sausage Roll DF or GF Fish Fingers	Sweet & Sour Quorn Fillets with Rice DF/GF/Vegan
Jacket Potato with Beans & Vegan Cheese	Jacket Potato with Beans	Jacket Potato with Vegan Cheese	Jacket Potato with Vegan Cheese	Jacket Potato with Beans
Potato Wedges, Peas & Corn on Cob	Mixed Vegetables	Roast or Mash Potato with Fresh Sliced Carrots, Cabbage & Gravy	Chips, Peas, Tomato Sauce & Coleslaw	Sweetcorn & Broccoli
Pip Organic Ice Lolly	DF/GF/Vegan Bar	Fresh Fruit	DF/GF/Vegan Cookie	Smoothie









LUNCH MENU – WEEK 3

13th Nov / 4th Dec / 8th & 29th Jan / 26th Feb / 18th Mar



Malted, Wholemeal Sliced Baguettes, Low Fat Yoghurts, Milk and Water available daily. All Special Diets catered for.

Monday	Tuesday	Wednesday	Thursday	Friday
Handmade Falafel in GF Bun DF/GF/Vegan	Veggie Cottage Pie DF/GF/Vegan	Roast Quorn Fillet DF/GF/Vegan	Vegan Nuggets DF or GF Fish Fingers	Roasted Veg & Tomato GF Pasta Bale with Vegan Cheese DF/GF/Vegan
Jacket Potato with Beans & Vegan Cheese	Jacket Potato with Beans	Jacket Potato with Vegan Cheese	Jacket Potato with Vegan Cheese	Jacket Potato with Beans
Pasta, Baked Beans & Sweetcorn	Peas & Cauliflower	Roast or Mash Potato, Sliced Carrots, Broccoli & Gravy	Chips, Peas, Tomato Sauce & Coleslaw	Fresh Batons of Carrot & Cucumber Sticks
Fresh Fruit	Vegan Fruit Jelly	Smoothie	Fruit Cookie DF/GF/Vegan	DF/GF/Vegan Bar

