

Ventrus Primary School Menu Week 1 – 2nd Nov / 16th Nov / 30th Nov / 14th Dec

Monday	Tuesday	Wednesday	Thursday	Friday
Main – Macaroni cheese, focaccia bread and sweetcorn	Main – Sausage, mash and gravy with peas	Main – Roast chicken, gravy potatoes and fresh vegetables	Main – Beef bolognaise, Pasta with sweetcorn	Main M – Fish fingers, chips and veggie sticks
Vegetarian – Vegetarian Hotdog with crispy round potatoes and sweetcorn	Vegetarian - Butternut squash, spinach and courgette casserole with potato mash and peas	Vegetarian – Vegetarian sausage roll with potatoes and fresh vegetables	Vegetarian – Focaccia bread pizza with pasta and sweetcorn	Vegetarian – Quorn nuggets, fries and vegetable sticks
Jacket potato Cheese / beans / tuna	Jacket potato Cheese / beans / tuna	Jacket potato Cheese / beans / tuna	Jacket potato Cheese / beans / tuna	Jacket potato Cheese / beans / tuna
School packed lunch option	School packed lunch option	School packed lunch option	School packed lunch option	School packed lunch option
Sausage Roll, desert, fruit and crisps	Cheese Sandwich, desert, fruit and crisps	Ham Sandwich, desert, fruit and crisps	Cheese and onion pasty, desert, fruit and crisps	Ham sandwich, desert, fruit and crisps
Dessert – Fresh Fruit	Dessert – Carrot cake	Dessert – Various ice-creams	Dessert – Apple flapjack	Dessert – Chocolate cracknel

Ventrus Primary School Menu Week 2 – 9th Nov / 23th Nov / 7th Nov

Monday	Tuesday	Wednesday	Thursday	Friday
Main – Focaccia bread pizza with crispy round potatoes and sweetcorn.	Main – Breaded fish with potato wedges and peas.	Main – Roast chicken, potatoes and fresh vegetables with gravy	Main – Hotdog with crispy round potatoes and sweetcorn	Main – Chicken breast nuggets, fries and vegetable sticks
Vegetarian -Vegetable bolognaise with pasta and sweetcorn	Vegetarian - Haloumi stuffed peppers with potato wedges and peas	Vegetarian -Cauliflower and broccoli cheese bake potatoes and fresh vegetables	Vegetarian – Roasted vegetable pasta bake, with crispy round potatoes and sweetcorn	Vegetarian – Quorn nuggets, fries and vegetable sticks
Jacket potato Cheese / beans / tuna	Jacket potato Cheese / beans / tuna	Jacket potato Cheese / beans / tuna	Jacket potato Cheese / beans / tuna	Jacket potato Cheese / beans / tuna
School packed lunch option	School packed lunch option	School packed lunch option	School packed lunch option	School packed lunch option
Sausage Roll, desert, fruit and crisps	Cheese Sandwich, desert, fruit and crisps	Ham Sandwich, desert, fruit and crisps	Cheese and onion pasty, desert, fruit and crisps	Ham sandwich, desert, fruit and crisps
Dessert – Fruit Slices	Dessert – Lemon drizzle cake	Dessert – Various ice-creams	Dessert – Banana and raspberry cake	Dessert – Cookie