### Orchard Vale's Weekly News Friday, 7th January 2022

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### Headteacher's message

Dear Parents/Carers

Happy New Year to all of our families.

It is lovely to see the children back at school after the festive break, hearing about their Christmas and things they have been up to with their families over the holiday.

The children have settled in wonderfully and it is good to be able to start getting back into a normal school routine. We will be attempting to open up the curriculum to include enrichment trips and events through the year keeping in line with Covid-19 health and safety guidance and as long as venues are still happy to host us. Please be mindful that there may be occasions where plans have to change at the last minute.

Everyone has come back fit and well but we need to be mindful that Covid-19 is still in our community. We would like to ask for your help again in keeping the children and staff as safe as possible to enable us to continue the children's education in school. Please could we ask that you let the school office know if your child exhibits any symptoms of Covid-19, keep them off school whilst you wait for the results of a LFD test or PCR test. Please see page 3 for full information.

### Cold and wet weather

The weather has certainly changed this week so could we please ask parents to send children to school with sensible shoes and a raincoat (ensuring these are <u>clearly labelled</u> with your child's name). Children may also wish to wear vests/plain t-shirts under their polo shirts and sweatshirts to keep them warm. In order to keep ventilation in classes to an acceptable level windows are kept open throughout the school, whatever the weather.

We have collected a large amount of unnamed, unclaimed and donated uniform which we hope to offer at a reasonable price in a New2U sale during the term.

### Medication

Please could we ask parents to ensure any medication held in school is kept up to date and topped up to ensure we have enough to see your child through the term. All medication administered/taken during the school day **must** be prescribed to the child and be accompanied by a medical consent form, signed by a parent.

### Bikeability - Level 1

We are pleased to be able to be offer Bikeability training to teach children how to ride their bikes safely. The first session will be for those years 3 and 4 children who signed up and will be taking place on Friday, 14th January - 10am to 12am.

### **School Dinners**

We hope the children have been enjoying the new menu offered by Mrs Williams and Mrs Milton this academic year. A copy of this week's menu can be found on page 4 and a full term menu can be found on our website. If your child has not tried a school lunch we have plenty of options every day from a main, a vegetarian, packed lunch, a jacket potato followed by a dessert. We have a roast dinner on Wednesdays and other meals such as curry, brunch, lasagne and chicken/vegetable pie. You can pay for lunches via Parentpay and at £2.30 the children will receive a hearty meal.



Fiona Pearce Headteacher

### Nasal Flu Vaccination

Virgincare administer nasal flu vaccinations today to the children they had received consents for. Your child will be bringing home a Fight the Flu Certificate confirming they have received this vaccination together with a leaflet with full details.

If your child did not receive their vaccination today and you would like to arrange an appointment for one please call Virgincare on 0300 247 0082 to provide verbal consent and they will be able to book you an appointment at another clinic in the community.



### Foundation Stage and Key Stage One



### Mrs Youll's nomination

Mia for joining in all her activities with such enthusiasm and for doing some super P.E.

Harrison for super tidying, good listening and trying his best in P.E.

### Miss Cawthorne's and Miss Boundy's nominations

Elliott is an all-round superstar and always works his hardest!

Ryleigh has been a great friend to all and always does super listening!



### Mr Quilter's nomination



Jessica has settled back into class routines beautifully. She has been coming to school with a big smile on her face making Mummy, Daddy and the whole family proud!

She has worked incredibly hard this week and has surprised me with her amazing maths. You have listened and applied yourself with great effect Jess, you truly deserve your sticker and badge!

Well done to my shining star!!

### Mrs Oldfield's nomination

Noah has bounced into the New Year with an excellent positive attitude. He has settled quickly to all tasks and has been working independently when asked. Noah has impressed everyone with his creative mind and has enjoyed sharing his 'Forkies' with everyone. What a great start to 2022 Noah, we are very proud of you. Keep up the good work. Mrs Oldfield and Mrs Golding x



### Mrs Grimwood's nomination



My star of the week this week is Ellie-Mai. Unfortunately, Ellie-Mai had to have quite a long period off school just before the Christmas holidays. Despite this, she has come back eager to learn and really pushing forward with her reading, writing and maths. She came into school happily and enthusiastically and settled immediately which demonstrates her excellent attitude. Ellie-Mai is always a happy and smiley member of our class and it is wonderful to have her back with us. Well done Ellie-Mai for being such a great learner!

## Updated guidance from the government Self-isolation, PCR and LFD testing

### Child exhibits Covid-19 symptoms

If your child has any of the Covid-19 symptoms, even if they are mild, they should stay at home and self-isolate straight away. From Tuesday, 14th January they should either take a LFD test or book a PCR test (a test that is sent to a lab), to check if they have COVID-19 as soon as possible. They should stay at home to self-isolate and not have visitors until you get their test result, either LFD or PCR.

If you receive a positive result for either a LFD or PCR you must register the results on the gov.uk website.

### Awaiting a PCR test result

If you have been advised to book a PCR Test for your child <u>but they are not exhibiting any COVID-19 symptoms</u>, they can attend school whilst you await the PCR test results.

If your child has any COVID-19 symptoms they should self-isolate until results are known and then follow Track and Trace Advice.

### Close contacts

All adults who are fully vaccinated and children aged 5 to 18 years and 6 months, identified as a close contact of someone with COVID-19 should take a lateral flow device (LFD) test every day for 7 days instead of self-isolating.

Daily testing for contacts of COVID-19 will help protect education settings by reducing transmission and will also help keep pupils in face-to-face education.

Once notified by NHS Test and Trace as a close contact, all pupils should:

- Take a LFD every day for 7 days.
- Report the results through the Online Reporting System at www.gov.uk/report-covid19-result
- Report to the school via the form below. Please report one child per Form.

CLICK HERE to complete to report your child's LFD results to school

In certain circumstances Track and Trace may advise you to book a PCR test.

# 1

### If your child tests positive with a LFD or PCR test

If your child tests positive for Covid-19 with a LFD or PCR test they will be required to self-isolate for 7 days.

Please advise the school office of the results, when your child's self-isolation started and is due to finish.

- On Day 6 they should take a LFD. (Do not take a LFD before Day 6).
- On Day 7 they should take a LFD test.
- If **both** LFD are negative and they do not have a temperature your child may end their self-isolation, after the second negative LFD test result.

If your child is under 5 years old and they are unable to take a LFD test they will need to isolate for 10 days.

If your child is unable to take a LFD test, for whatever reason, they will need to isolate for 10 days.

### **Key Stage 2—After School Sports Clubs**

Children in Key Stage 2 can now sign up for Mr Ovey's after-school sport clubs. The clubs will start on the week beginning Monday, 17th January 2022.

There are limited spaces available so please be quick! Due to the popularity of these clubs, Mr Ovey may have to close the forms early so please be aware of this.

If your child is successful in gaining a place you will receive an email to confirm this.

Please click the relevant link below to register your child and complete the questionnaire.

Monday- Year 3 and 4 Football Club

Tuesday - KS2 Hockey Club

Wednesday - KS2 Netball Club

Thursday - KS2 Multi Sports Club

Friday - Years 5 and 6 Football Club

### **School Diary Dates**

Thur, 13th Jan

Fri, 14th Jan

Tue, 18th Jan

Tue, 18th Jan

Thurs, 20th, 27th Jan/3rd, 10th, 17th Feb

Year 5 swimming lessons

Year 3/4—Bikeability level 1

Reception and Year 6—Tempest Photography group photos

Year 5 team —Sportshall athletics session

Year 5 swimming lessons

### Thank you from Over and Above!

Please could I say a big thank you to our families who contributed to the dementia patients' collection. Some lovely items were put in our purple box which I gave to my manager at the Over and Above shop who will take to the hospital.

Thank you again for your generosity.

Debbie Whiteley, TA /NHS volunteer Over and Above charity shop.

### Week commencing 10th January

	Monday	Tuesday	Wednesday	Thursday	Friday
М	Toad in the Hole, Creamy Mash with Gravy	Chicken & Vegetable Pie with Creamy Mash Potato	Roast Turkey with Herby Stuffing	Salmon Fish Cakes	Beef Lasagne & Garlic Bread
V	Spinach, Pepper & Mozzarella Pasta Bake		Vegetable Gratin	Quorn Nuggets	Roasted Vegetable Bolognaise
Sides	Sliced Carrots & Peas	Sides - Sweetcorn & Green Beans	Roast Potatoes, Fresh Sliced Carrots, Broccoli & Gravy	Chips, Tomato Sauce, Beans & Sweetcorn	Cabbage & Peas
JP	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans, Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
SPL	Egg Mayonnaise Bap	Ham Bap	Turkey Bap	Chicken Salad	Sausage Roll
D	Fresh Fruit	Iced Sponge	Fruit Smoothie	Cookie	Flapjack

Yoghurts, Fresh Fruit & Bread will be available daily Gluten free menu available on request



### **ACADEMIC YEAR 2021-22**

Please Note our School Holiday and Closure

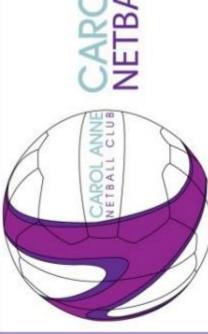
Holiday Dates (inclusive)	Last Day of School	Pupils Return on	
Autumn Term 2021 starts (Non-Pupil days on Mon 6 & Tue 7 Sept 2021)		Wednesday 8 September 2021	
Autumn Half-Term 2021 (Non-Pupil day on Fri 22 October 2021)	Thursday 21 October 2021	Monday 1 November 2021	
Christmas Holiday 2021	Friday 17 December 2021	Tuesday 4 January 2022	
Spring Term 2022 starts		Tuesday 4 January 2022	
Spring Half-Term 2022	Friday 18 February 2022	Monday 28 February 2022	
Easter Holiday 2022	Friday 8 April 2022	Monday 25 April 2022	
Summer Term 2022 starts		Monday 25 April 2022	
May Bank Holiday - Mon 2 May 2022	Friday 29 April 2022	Tuesday 3 May 2022	
Summer Half-Term 2022	Friday 27 May 2022	Monday 6 June 2022	
Summer Holiday 2022 (Non-Pupil day on Monday 25 & Tues 26 July)	Friday 22 July 2022		



### **ACADEMIC YEAR 2022-23**

Please Note our School Holiday and Closure Dates

Holiday Dates (inclusive)	Last Day of School	Pupils Return on
Autumn Term 2022 starts (Non-Pupil days on Thurs 1 & Fri 2 September 2022)		Monday, 5 September 2022
Autumn Half-Term 2022 (Non-Pupil day on Fri 21 October 2022)	Thursday 20 October 2022	Monday, 31 October 2022
Christmas Holiday 2022 (Non-Pupil day on Tues 3 January 2023)	Friday 16 December 2022	Wednesday, 4 January 2023
Spring Term 2023 starts		Wednesday, 4 January 2023
Spring Half-Term 2023	Friday 10 February 2023	Monday 20 February 2023
Easter Holiday 2023	Friday 31 March 2023	Monday 17 April 2023
Summer Term 2023 starts		Monday 17 April 2023
May Bank Holiday - Mon 1 May 2023	Friday 28 April 2023	Tuesday 2 May 2023
Summer Half-Term 2023	Friday 26 May 2023	Monday 5 June 2023
Summer Holiday 2023 (Non-Pupil day on Fri 21, Mon, 24 & Tue, 25 July 2023)	Thursday, 20 July 2023	



# CAROL ANNE NETBALL CLUB

# Half Term Netball Camp

Wednesday 23rd February 2022

**10-12pm** for **U9s** in Year 3/4

Suitable for new and experienced players



Price as follows:

£6,50 for non CA Netball Club members

£4 for current CA Club members

Email: carolannejuniors@gmail.com





bubbles glow sticks glitter balloons

dance-along routines on the cinema screen

2-3pm Infants

Sun 30 JAN - Plough Arts Centre, Great Torrington

3.15-4.15pm Juniors

4.30-5.30pm 11-13 yrs

£5 pp (ages above as guide only)

Book online www.theploughartscentre.org.uk

the plough

double barrel productions

