

Dear Families

29<sup>th</sup> March 2019.

We have had a fantastic week learning about The Scarecrows Wedding. The children have written some fantastic Wedding invitations and created lots of wonderful looking Scarecrow faces. We have also been very busy creating special cards. Both classes loved going to Forest School and creating their own potions. In Maths we have been looking at doubling numbers, we have been very impressed with how quickly the children have picked this up.

In phonics this week we have learned the sounds:

**ay ea ie oy**

Please practise these at home. Please remember to let your class teacher know when your child is confident with reading all of their teddy/ fish or boat words etc.

This week you could design your Wedding cake for the Scarecrows Wedding, you could also write which ingredients you would put into your cake.

**Forest School** - Miss Cawthorne's class on a Tuesday and Miss Boundy's class on a Thursday, please bring wellies on these days.

**Reception - Weight and Height Measurements - Wednesday, 3<sup>rd</sup> April**

The Health Team from Devon County Council will be visiting next week. If you do not wish your child to take part please sign and return the Opt-outslip on the attached letter.

Next week we will have an Easter themed week.

**FoOV Tuck Shop - Tuesday, 2<sup>nd</sup> April**

Children can bring up to 50p to spend on a treat during morning break. All monies raised are used to help subsidise trips, events and equipment across the school.

**FoOV Family Bingo Evening - Friday, 5<sup>th</sup> April - 6.30pm to 8.30pm (eyes down 7pm)**

OV families and friends are invited to join us for a family bingo evening.

An adult book of 6 games = £5, flyer round = £1 (win an Easter treat, cash prize of £15 or £35)

Children  $\frac{1}{2}$  a book = £2.50, flyer £1 (win an Easter treat, local attraction ticket)

Refreshments will be available. If you would like to make an Easter cake for us to sell during the evening please leave these in the Food Technology room on Friday morning.

**Lunch menu for next week is 'Week Two'.**

**Diary Dates** (don't forget to check the school website, [www.ovschool.co.uk](http://www.ovschool.co.uk) for up to date information)

Fri, 5<sup>th</sup> - Last day of school before Easter.

Mon, 8<sup>th</sup> to Mon 22<sup>nd</sup> April - Easter holidays.

Tues, 23<sup>rd</sup> April - Back to school after Easter.

Have a fantastic weekend.

Miss Cawthorne

Miss Boundy

September 2018

Dear Parent/Carer,

### Measuring the height and weight of children in Reception Year and Year 6

As you may be aware from the media, the increase in the number of overweight and obese children is a major public health concern. In Devon, our Public Health team want to have accurate information to support all children to maintain a healthy weight. So, every year, as part of a national programme, all children in Reception Year and Year 6 have their height and weight measured and recorded.

Your child's class will be taking part in this year's measurement programme. Measurements will be taken by trained healthcare professionals in a private area away from other pupils. Children who take part will be asked to remove their shoes and will be weighed in normal indoor clothing. Routine information, such as your child's name, sex, address, postcode, ethnicity and date of birth will be collected and used to help us understand and plan services for children and families in Devon.

All information and results are treated confidentially, and your child's measurements will not be given directly to your child, to school staff or other children. The record of your child's measurement will be held securely by Devon County Council and stored locally on child health records. If you would like to know more about how data is stored and used please see the privacy notice via the link here and information overleaf <https://new.devon.gov.uk/privacy/privacy-notices/privacy-notice-for-national-child-measurement-programme/>

If you would like to receive a copy of the results, then please complete the online form found at <https://new.devon.gov.uk/ncmp/>. If you would rather do this via post, please see details over the page. Please be aware results will be sent out 6-8 weeks after measurements are taken and measurements could be any time over the school year. To help you support your child's health and wellbeing, feedback will also be sent to all parents/carers where children measured are outside of the healthy weight range. Along with your child's height and weight, we will also include information on how you can help your child maintain a healthy weight through keeping active and eating a healthy diet. If you would like further advice, your child's School Nurse can provide additional support and ideas and can be contacted via your child's school or the Virgin Care website: <http://www.virgincare.co.uk/>

If you wish to feedback any comments, compliments or complaints on the service provided by the trained staff taking the measurements, please contact Devon Integrated Children's Services Customer Services [customerservices@virgincare.co.uk](mailto:customerservices@virgincare.co.uk) or (0300 303 9509).

Choices we make are often influenced by where we live, work and play. It's often hard to make healthy choices because of the way places are designed or the way in which food and drinks are promoted to us. The Public Health team at Devon County Council are keen to learn from you about what would help your family to lead happier and healthier lives, please complete this short online survey <http://devon.cc/i-18e> so we can use your views to inform our decisions.

### What to do if you do not want your child weighed and measured

If you are happy for your child to be weighed and measured, you do not need to do anything. If you do **not** wish your child to take part, please complete the form below and **return to your child's school**. Children will not be made to participate if they do not wish to.

Best wishes

*Virginia Pearson*

Dr Virginia Pearson

Chief Officer for Communities, Public Health, Environment & Prosperity/ Director of Public Health  
Devon County Council

### Data protection and security

Data is submitted to NHS Digital and then anonymized for analysis by Public Health England.

Data may be used by both NHS Digital and Public Health England to:

- better understand numbers and trends in child weight and body mass index (BMI).
- Help with the planning of services to support healthy lifestyles in your area.

If your child was previously measured for the National Child Measurement Programme, NHS Digital may link your child's information to help better understand how and why the weight status of children is changing.

They may:

- link your child's current and previous height and weight measurements.
- link their measurements with other information it holds such as dental survey results or reasons for any visits they may have made to hospital.

NHS Digital may share de-personalised information with other organisations, such as universities, to help improve health, care and services through research and planning. NHS Digital only ever shares unidentified information for research with the approval of an independent group of experts. **No information will ever be published or shared by NHS Digital or Public Health England that identifies your child.**

### Opting your child out of being weighed and measured

If you **do not** wish your child to participate, please complete this form and return it to your school.

#### Opt-out slip

I do not wish my child to be weighed and measured.

Child's full name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Year: \_\_\_\_ Class: \_\_\_\_

Child's school: \_\_\_\_\_

Parent's/carer's name: \_\_\_\_\_

Parent's/carer's signature: \_\_\_\_\_

**Please return this slip to your child's school.**

### Requesting Feedback via post

Requesting results via the online form here <https://new.devon.gov.uk/ncmp/> is preferable as saves postage and ensures all required details are clearly completed. If you would still like to request results via post, please send the following details:- child's name, child's date of birth, child's school, full parent/carer name, child's home address, postcode, telephone number, email address, signature and date to the following address:- CONFIDENTIAL NCMP, Public Health Room 141, Devon County Council, County Hall, Topsham Road, Exeter, Devon, EX2 4QD Please ensure you include all details to enable us to accurately match the request to your child's results.



Orchard Vale Community School,  
Westcott Road, Whiddon Valley,  
Barnstaple, Devon EX32 8QY  
T: 01271 375074  
E: orchardvale@ventrus.org.uk  
W: ovschool.co.uk

## Friends of Orchard Vale – March 2019

### New Members

The Friends of Orchard Vale are looking for new members to join our fabulous team.

Would you like to get more involved, have your say on what money raised is spent on?

Meetings are every 3 weeks and are held at the school.

We would love to have you on board as a trustee.

All trustees will need to be DBS checked for safeguarding reasons.

Please contact Claire Knight, in person or through the school office.

### Easter celebrations – Friday, 5<sup>th</sup> April

This year the children will have the opportunity of decorating their own Easter bonnet/hat in class, which they can wear during assembly. We will be using recycled materials, where possible. If you have any craft items you would like to donate please hand these to your class teacher.

Although we will not be holding an Easter cake competition if you would like to bake any Easter cakes for us to sell at the Family Bingo night please bring these to the Food Technology Room on Friday morning.

### Family Bingo Night – Friday, 5<sup>th</sup> April

6.30pm to 8.30pm (Eyes down 7pm)

ADULTS	CHILDREN
A book of 6 games = £5 / Flyer round = £1	½ a book for children = £2.50 / Children flyer = £1
Win an Easter treat - House and 1 <sup>st</sup> line.	Win an Easter treat – for a line
Win cash prize £15 for 1 <sup>st</sup> line.	Win a local attraction ticket – for a house
Win cash prize £35 for full house.	

Refreshments will be on sale during the evening.

Thank you all for your continued support. Without your help many trips and events would not happen.

Claire Knight, Chair of the Friends of Orchard Vale  
Charity number 1101582

**ventrus**  
Multi Academy Trust

Woodwater Academy, Woodwater Lane, Exeter, EX2 5AW T: 01392 256020 E: info@ventrus.org.uk W: ventrus.org.uk  
Ventrus Multi Academy Trust is an exempt charity and a company limited by guarantee registered in England and Wales  
number 7823269. Registered office: Woodwater Academy, Woodwater Lane, Exeter, EX2 5AW



Support Your School  
**schoolangel**

If you shop with your favourite brands through Orchard Vale's Angel link the retailers below will make a donation to the school.

Before starting any online shopping:

1. Please go to [www.ovschool.co.uk](http://www.ovschool.co.uk).
2. Click on the School Angel link.
3. Select your required retailer.

Support Your School  
**schoolangel**

### Generate a free donation when you take out a free trial

Take out a free Amazon premium trial for 30 days with no obligation to continue and as a thank you Amazon will make a donation ranging from £3 to £5. Click on the logo's to find out more ...



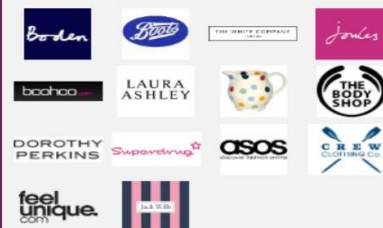
### General shopping... ☺



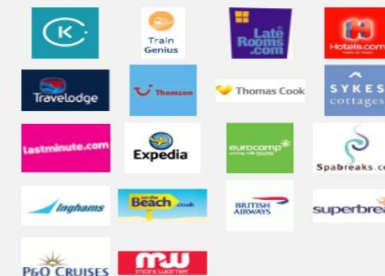
### Practical shopping... ☺



### Shops for the girls... ♥



### Travel, hotels & holidays... ☺





# DARTMOOR BIKE

**SAT 30<sup>TH</sup> MARCH**

The perfect event for children to come and try different types of cycling under the watchful eye of British Cycling

- Demo bikes
- Mini races and competitions
- Win a £200 bike voucher in a charity raffle
- BMX Display team
- Pro cyclists meet and greet
- Hot Pursuit cycling team meet and greet
- Yoga workshops
- Sports Massage available for additional cost
- Cycling retailers - Hot Pursuit, Green Machine, Primal, Exeter Bike Workshop, Orbea
- Bike servicing available on the day from Bike Bank and EBWS



**Tickets:**

[www.riverdart.co.uk](http://www.riverdart.co.uk) | 01364 652 511



## Children's Easter Holiday Events BARNSTAPLE LIBRARY



**Grand Easter Egg Hunt— Saturday 6th—  
Saturday 20th April -During opening hours**

**Tuesday 9 April 10.00-12.00 Drop-in Springtime crafts-Free**

**Thursday 11 April 10.00-16.00 Nature Tales-Free**

**Friday 12 April 11.00-12.30 Pop-up  
Sensory Room with Sense Ability.  
Book your free place at the library.**



**Saturday 13 April 10.30-11.30 Family  
Flowers Workshop Book your place at the library.  
Tickets £5 per arrangement made.**

**Tuesday 16 April 10.00-16.00 Nature Tales-Free**

**Thursday 18 April 10.00-12.00 Drop-in Springtime Crafts-  
Free**

**Saturday 20 April 10.00-12.00 Coffee Morning & Children's  
Crafts by the Barnstaple Library Friends Group.**






# EASTER HOLIDAY FOOTBALL COURSES

## BOYS AND GIRLS AGED 4-11

£10 EARLY BIRD DISCOUNT  
BOOK BEFORE 31ST MARCH



**BIDEFORD**  
MONDAY 8TH AND MONDAY 15TH APRIL  
POLLYFIELD, EAST-THE WATER , EX39 4BL

**BARNSTAPLE**  
THURSDAY 11TH AND THURSDAY 18TH APRIL  
MARLAND DAY SCHOOL,BARNSTAPLE, EX31 3TD,



ALL COURSES WILL RUN 9:30AM-2:30PM

PLAYERS WILL NEED TO BRING PLENTY TO DRINK AND A PACKED LUNCH

**COSTS**  
£13 PER DAY  
£10 PER DAY FOR :  
Just Play Sports, Barnstaple Youth, Fremington and Shamwickshire players





**TO BOOK**  
FACEBOOK—JUST PLAY SPORTS  
TEXT—07853008133  
EMAIL—KWJUSTPLAYSPORTS@OUTLOOK.COM