

Orchard Vale's Weekly News

Friday, 11th February 2022

www.ovschool.co.uk

orchardvale@ventrus.org.uk



Headteacher's message

Dear Parents/Carers

OV Raise a Heartbeat Appeal 2022

While watching television one evening I was listening to a father who had lost his 12-year-old son due to an unknown heart condition. I can't imagine how difficult this must have been to lose your apparently fit and healthy child so suddenly. He then went on to raise money for schools to house defibrillators so emergency aid could be given immediately. When someone has a cardiac arrest it is so important they get emergency first aid as soon as possible. Every minute lost before help arrives cuts someone's chances of survival by 10%. In the last year, 2021, a defibrillator could have been used 28 times (within the EX32 postcode) in helping to save a life. Missed opportunities that we hope to reduce.

We have decided that, as a school, we would like to raise £5,000 to buy a community defibrillator to support not only the children and staff in our school but also our local community. This money will purchase a community defibrillator that can be placed on the outside wall of our school. The money will also pay for the upkeep and servicing of the equipment for at least 5 years. Our children will be writing letters to local companies to ask for donations towards our appeal. They will also be creating leaflets to make local residents aware of the appeal and the resource that will be available to them in the future.

We were delighted to get a visit from Heart FM this week to publicise our appeal; so do listen out for us on the radio and on their website.

In school, we will be launching our appeal on Monday, 14th February with a wearing red day for valentine's day. We are also asking you to write a heartfelt message to your child on the heart tags that have been sent home this week. These will be displayed for your child to read. There will also be heart bracelets available. Our aim is to raise as much as possible so please try and send your child to school with a few pounds on Monday for a very worthwhile cause, this can be in cash or via BACS (Orchard Vale School PTA, account number - 60071927, sort code - 20 04 59).

There will be other fundraising opportunities throughout the year, including an activity day on Thursday, 23rd June and we are hoping to do a school camp out on the school field. I am really excited about this appeal and I hope we raise the funds quickly so we can get the defibrillator in place and working as soon as we can.

Thank you for all your support, we really do appreciate it.



Fiona Pearce
Headteacher

Extra Non Pupil Day for the Queen's Jubilee

We are pleased to say we have been allowed an extra non pupil day to be added on to the summer half term.

Friday, 27 May 2022 will now be a non pupil day.



Orchard Vale

Raise A Heartbeat Appeal 2022

We are liaising with South West Ambulance Services (SWAS) to purchase a community defibrillator.

Every minute someone is in cardiac arrest, without CPR and access to a defibrillator, their chances of survival drops by up to 10%. Having a public access defibrillator (PAD) available in an emergency can play an important part in saving more lives.

Throughout 2022 we are going to be holding lots of fundraising events to raise the funds for this vital piece of equipment for the community.

Launch Day!!

Monday 14 February 2022

Wear something red to school - 50p clothing/headwear/hairband/footwear.

Handmade bracelet £1 - with small heart pendant for your child to purchase (these will be sold during the school day).

Hanging heart decoration 50p - Bring your heart decoration in (that will be going home next Wednesday). Parents/carers, please write your child's name on the rear and a heartfelt message on the front. These will be going on display in the school.

We hope to kick start this appeal by spreading some OV love!

A big THANK YOU to Nina Clark who has made the first donation towards our defibrillator, here is a message from her:

My family comes with many heart conditions and we have lost several family members over the years due to cardiac arrest. It's an important part of machinery to have"

Thank you Nina!

Donations either private or business would be very welcome, please email orchardvale@ventrus.org.uk.

Star of the Week

Key Stage Two and Foundation



Mrs Youll's nomination

Ferne for being helpful and having a lovely caring attitude towards her friends.

Reign for good listening at carpet time and being a good friend

Miss Cawthorne and Miss Boundy's nominations

George for mastering a new life skill.

Albie for great phonics and fantastic listening.



Miss Gulliford's nomination

Alfie-John has shown an incredible attitude towards his learning, taking ownership of his tasks and understanding the importance of staying focused and on track. He works hard in every lesson and ensures that those around him are also making positive behaviour choices like he demonstrates. Alfie-John is a kind and courteous member of the class and is always spotted doing the right thing - numerous adults within school are always eager to share how helpful, polite, mature and caring he is. He has a brilliant personality and I am so proud of his learning journey.

Mrs Johnson's nomination

My star of the week is Isla-Grace. Isla is always doing the right thing at the right time and puts 100% into all her learning tasks. She balances this amazing work ethic with a healthy dose of humour and cheekiness, and always knows the time to work and the time to play! She is a kind and fun member of the class and a great role model and friend. Keep being you Isla-Grace!



Mr Whapham's nomination

Carly has been a super star this week. She has worked very hard to make the right choices at the right time and it has been lovely to see how these choices help Carly to have a more positive school day. She has worked hard in class, completing all her work and has particularly impressed me in maths this week. Carly is beginning to understand the expectation for year 3 and she is really beginning to shine. Keep up the hard work!

Mrs Rana/Ms Richardson's nomination

Our nomination is Leah. She has impressed us enormously in the past few weeks, particularly because of her enthusiasm for writing; she has been writing stories at home and we look forward eagerly to each instalment. Her creative writing at school has also been very dramatic! Leah is always such a polite member of our class, and she is a pleasure to teach. Well done!



Mr Boulton's nomination

Charlie has been my right hand man on so many occasions this week, especially in regard to all things technical. He is a super member of the class and always puts 100% into every aspect of his school day, alongside this he has a great sense of humour and is a good friend to his classmates. I would also like to say a big thank you to all the children I have taught this week while Mr Boulton has been off—you have been amazing and a credit to years 5 and 6. Miss Yorke

Mrs Scott's nomination

Our star, this week, is Lilly-Mai. Since starting year 5, Lilly-Mai has gone from strength to strength, gaining confidence and showing an incredible work ethic. I have regularly have adults from across the year 5/6 team find me to say how much they have enjoyed working with her - including her fantastic swimming! Lilly-Mai is a wonderful friend and an excellent role model to others; well done!





Years 5 and 6 girls football tournament

On Tuesday, Mr Ovey took a team of ten girls to Park School to compete in a Barnstaple Primary Schools girls football tournament. The team all played amazingly well and were all exceptionally well-behaved. They all had great fun playing against other schools.

Here are the results of their games:

Won—2 matches against Our Lady's and Pilton Bluecoats

Drew—2 matches against Sticklepath and Landkey

Lost—1 match against Bishops Tawton

Heidi—"It was super fun and we all had a great time playing football together."

Alice—"Well done everyone for trying their best in all matches and if we fell we all got up again. Well done!"

Ria—"Well done everyone! We all did amazing and everyone tried their best and even scored some goals! Well done!"



PE Champs

Well done to the PE Champions from Key Stages 1 and 2.

Year 1 and 2 - Josh - excellent improvement in listening and behaviour and not giving up when he is finding something tough

Year 3 and 4 - Ryder - excellent curling skills

Year 5 and 6 - James - excellent netball skills

Free School Meals Holiday Voucher Scheme

If your child is registered for Income Related Free School Meals you should have received and email this week containing your voucher code for half term and details on how to claim it.

This has been sent to the primary guardian using the email address we have on our school management system.

If you have any questions about this scheme please contact the number on the information forward to you in the email.

Orchard Vale's Disco is BACK!!!



Thursday 17th February

DISCO

School hall

Children will need to go home at the end of school and return for the disco.

Entrance via the Community Room.

YEARS 1 and 2	3.30pm – 4.30pm
YEARS 3 and 4	4.45pm – 5.45pm
YEARS 5 and 6	6.15pm – 7.15pm

COST £2.50
per child (includes a drink and sweets)

Payment to be made via Parent Pay

Please note that a responsible adult **MUST** meet your child after the disco.

School Disco

Thursday 17th February

Nursery and Reception children will have a disco during their school day, therefore no payment needed.

Years 1 and 2 - 3.30 - 4.30pm

Years 3 and 4 - 4.45 - 5.45pm

Years 5 and 6 - 6.15 - 7.15pm

Entry to the disco is **£2.50**, which will include sweets and drink. There will be nothing to buy on the night so children do not need to bring any money.

Payment **must** be made via **Parentpay** by Wednesday 6th February. **No cash on the night please.**

All children will need to be dropped off and collected by an adult.

All parents must complete the form on the link below to confirm the name of the responsible adult. You will need to complete one collection form for each child attending.

[PLEASE CLICK HERE TO COMPLETE REGISTRATION FORM BEFORE WEDNESDAY, 16TH FEBRUARY \(1 PER CHILD\)](#)

Early Bird Breakfast Club and OV Explorer after school provision

The breakfast club and after school provision will continue running through to Easter. If you would like to book your child a place please click on the appropriate link to select required dates.

[Bookings for Early Bird Breakfast Club up to Easter 2022](#)

[Bookings for OV Explorers after school provision up to Easter 2022](#)

Sickness and Diarrhoea (Gastroenteritis)

We have noticed the amount of children absent from school due to sickness and diarrhoea has increased over the past week.

Gastroenteritis can have many different causes but should be assumed to be an infection until known otherwise.

An infection in the gut causing diarrhoea and vomiting can be easily passed to others. Anyone with gastroenteritis should be regarded as infectious and must be kept away from school until the diarrhoea and vomiting has stopped and they have been passing normal stools for at least 48 hours.

School Diary Dates

Mon, 14th Feb	Raise your heart Beat—Wear something red—Defibrillator fundraiser
Wed, 16th Feb	Years 5/6—Science workshop at Park School
Thurs, 17th Feb	Year 5 —Swimming lessons
Thurs, 17th Feb	School Disco—KS1, Years 3/4 and Years 5/6
Mon, 21st to Fri, 25th Feb	HALF TERM WEEK
Thurs, 3rd Mar	World Book Day—Non-Uniform fancy dress (Please don't feel you have to go out and buy an outfit. What have you got at home already that the children can wear?)
Thurs, 3rd Mar	David Lawrence Jones visiting author
Wed, 9th Mar	Year 4—Tennis Festival—Tarka Tennis
Wed, 9th Mar	KS1—Class 1—visit to Guildhall and tour of Barnstaple
Thurs, 10th Mar	KS1—Class 2—visit to Guildhall and tour of Barnstaple
Thurs, 11th Mar	Scholastics Book Fair (details to come)
Fri, 12th Mar	Scholastics Book Fair (details to come)
Mon, 14th Mar	Scholastics Book Fair (details to come)
Tue, 15th Mar	Scholastics Book Fair (details to come)
Wed, 16th Mar	KS1—Class 3—visit to Guildhall and tour of Barnstaple

Week commencing Monday, 14th February 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
M	Breaded Fish & Wedges	Brunch, Sausage, Bacon & Scrambled Eggs	Roast Gammon	Beef Burger in a Bap	Mild Chicken Korma & Wholegrain Rice
V	Sweet Potato & Lentil Curry with Sunshine Rice	Vegetarian Brunch	Vegetarian Roast	Quorn Nuggets	Cauliflower Bites with BBQ Sauce & Wholegrain Rice
Sides	Peas & Sweetcorn	Baked Beans & Hash Brown	Roast Potatoes, Fresh Broccoli, Sliced Carrots & Gravy	Chips, Tomato Sauce, Peas & Sweetcorn	Carrots
JP	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
SPL	Egg Mayo Bap	Cheese Bap	Gammon Bap	Chicken Salad	Sausage Roll
D	Sticky Toffee Sponge & Custard	Fresh Fruit	Fruit Smoothie	Cookie	Flapjack

Yoghurts, Fresh Fruit & Bread will be available daily

Gluten free menu available on request

Spotlight on Phonics

This week, I was going to emphasise the importance of hearing your child read at home.

After half term, we will be moving to a new way of supporting your child to read at home. The Read, Write Inc scheme recommends that children read books that they are already familiar with.

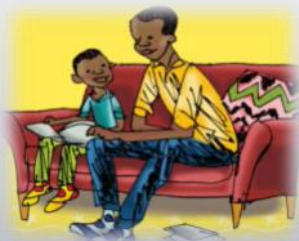
In this way, we will teach your child the book that they are reading and will send it home to them to read the following week. For this reason, for the first week after half term, please understand that your child will not receive their home reading book until the end of the week.

In order to support your child, the best advice is to hear your child as often as possible, even if these are short bursts at first. Even just 10 minutes each night is fantastic!

Give your child time to work out the words for themselves – it is often tempting to jump in and help with a word, but the struggle is the moment when they are learning! Please do not be disheartened – it will take time at first.

As they become more fluent with their reading, you can encourage your child to use a storytelling voice. You can show them what you mean by reading through books yourself!

You can try asking some questions about the story – what happens, who is speaking and why characters do things are good places to start.



And finally, children develop their understanding of books and reading the most by being read to – so do try to enjoy reading together for as long as you can. You can choose a more challenging story to read to your child and this will all add up to their reading ability.

Good luck!

Mrs Lowrey

10 things to think about when you read to your child

Would you like to learn a new skill?

We are thinking of setting up a small creative group.

Would you be interested in learning a new skill over a cuppa and a natter, please email with your name and mobile number to

orchardvale@ventrus.org.uk

for the attention of Sue Manley with a heading of "learn new skills".

If we have enough people interested we can take things forward.

You could bring a neighbour, parent or friend.



Winter Wildlife Walk

Northam Burrows Country Park

Thursday 24th February- 2pm - 4pm



Oystercatcher photographed by Martin Batt

Join the rangers for a family friendly guided walk exploring the habitats of Northam Burrows and looking for signs of the wildlife that call this beautiful place home.

Free event, no booking required. Children must be accompanied by an adult. Please follow current government guidance and advice from staff on Covid-19 safety measures.

Meet at the visitor centre at 2pm.

01237479708

northam.burrows@torridge.gov.uk



Mud dipping!

Northam Burrows Country Park

Tuesday 22nd February- 2pm - 4pm



Join the rangers to explore the Skern saltmarsh and learn about the weird and wonderful creatures that call it home. Find us by the blue 'here we are' flag near Greysand car park.

No booking required. Children must be accompanied by an adult. Please follow current government guidance and advice from staff on Covid-19 safety measures.

01237479708

northam.burrows@torridge.gov.uk



FOOTBALL HOLIDAY CLUB 21-25 FEBRUARY

Monday - Thursday 9am - 4pm
Friday - 10am - 2pm

Girls & boys 5 - 14 years



Day rate - £25

Friday 10am - 2pm - £15

Full week - £80

DEV, PRE ACADEMY & FREMINGTON YOUTH DISCOUNT £18 per day

3G Pitch, Turka Tennis Centre
Seven Brethren Bank
Barnstaple
EX31 2AP

BOOK ONLINE: www.romarsports.com

PARKOUR AFTER SCHOOL CLUB

FANCY SOMETHING FUN,
EXCITING AND NEW.

COME AND JOIN ME IN

AN AFTER SCHOOL CLUB

HERE AT ORCHARD VALE

IF YOUR CHILD IS YEARS 5/6

THEN DROP ME A MESSAGE TO

BOOK IN! ONLY 30 SPACES

AVAILABLE

LIMITLESS.REG@GMAIL.COM

4 WEEK CRASH COURSE WILL BEGIN THE FIRST

WEEK BACK FROM FEBRUARY HALF TERM!



FREE SCIENCE KITS

Free science kits for children self isolating due to Covid.

The kits, called Busy Bag Science, are intended to keep youngsters busy and engaged in science whilst they are at home.

Kits contain the resources & instructions for 4 experiments plus 3 colouring pages. Parents can order kits directly from the Sciencedipity's website below and are posted 1st class to your home address:

<https://sciencedipity.co.uk/free-busy-bag-science-kits-for-torridge-north-devon/>

The project runs for 4 weeks to mid March, and kits can be ordered for free any time during this period while stocks last."

**NEW SUPPORT SESSIONS
FOR CHILDREN AND ADULTS
WITH ADDITIONAL NEEDS**

**WEDNESDAY MORNINGS:
10.00-11:00AM**

**TARKA TENNIS CENTRE,
BARNSTAPLE**

CLASS £6.00 PER PERSON

WORKIT
WITH A CIRCUIT



THE
OUTDOORS
GROUP

FUN IN THE FOREST!

FREE HALF TERM ACTIVITIES AT THE FOREST SCHOOL AT COMBE MARTIN

If you don't mind getting muddy wellies, giving a worm a cuddle, splashing in our stream, engineering epic dens and learning the best technique to toast a Marshmallow – then The Forest School at Combe Martin is for you!

This half term we are throwing open our beautiful forest school site gates and we would love to welcome you for some free-play activities and a cuppa around the campfire. Our stay and play forest school activities will be run by our expert practitioners.

Tea and coffee will be provided, suitable warm clothes and wellies advisable, all ages welcome.

Any questions? email hello@outdoorsgroup.co.uk

Wednesday 23 February 2022

10am-12pm or 1-3pm

[CLICK HERE TO BOOK](#)

