

Orchard Vale's Weekly News

6th September 2019

WWW.OVSCHOOL.CO.UK
ORCHARDVALE@VENTRUS.ORG.UK



This week at Orchard Vale:

It has been wonderful to see the children so animated on their return to school. Everyone appears to have settled wonderfully into their new classes. Thank you for your help with this.

We would like to welcome Mr Lewis to the Years 5 and 6 Team, who will be covering Mrs Rana's maternity leave.

Welcome letters have been sent out as a hardcopy to all parents this week to ensure you all receive the important information about class and school routines for this year. With effect from next week all newsletters will be sent to you via the email addresses we have on our School Management System, unless you have specifically requested paper copies.

Every child should have bought home a blue Annual Parental Consent Form. Please could we ask you to return these as soon as possible in order for us to update our permission, first aid consent and contact details.

Over the holidays a new kitchen has been fitted in the Food Technology Room for the children to use. A huge thank you to Russell Braund, RDB Electrics, and Kevin Carlyle, a parent. Kevin spent hours during the evenings and nights to fit the kitchen and Russell has also given his time up free to sort out the electrics. We are truly grateful for this kind and generous gift. We have decided to rename this area as 'Kevin's Kitchen'.

If at any point during the year you change any of your contact details please advise the school office.

Are you eligible for the Government Pupil Premium Funding?

BENEFITS FOR YOUR CHILD - Did you know that if your child is registered under the Government Pupil Premium Scheme, the Government will allocate funding for Orchard Vale to use to help subsidise your child's learning support in school, free school meals, school trips and school residential? Please see full information on website under 'Our School - Pupil Premium at Orchard Vale'.

SUPPORT OUR SCHOOL BY USING SCHOOL ANGEL

We hope you will support our school to raise money by using this link when online shopping. <https://www.schoolangel.org.uk/orchard-vale-community-school.html>

20th Anniversary Celebrations—Mad Hatter's Picnic

Friday, 20th September

As part of our 20th anniversary celebrations we are holding a 'Mad Hatter's Tea Party' at lunch time on Friday, 20th September.

The children can come to school in fancy dress, themed around Alice in Wonderland/A Mad Hatter's tea party.

At lunch time we will have a whole school picnic. Children who have booked a school dinner will be provided with a themed picnic.

If children have not already brought their entries for the Mad Hatter's Hat competition please bring them in to the school hall on Friday, 20th September, clearly labelled with their name and class. These will be displayed for the whole school to admire.

Thank you to Atlas Packaging and Design Shop for supplying resources to help us create some wonderful scenery for this event.

Wanted spare clothes

There are occasions when children require a change of clothing during the school day. We have a small stock of donated uniform, underwear and socks which we use to allow children to change into should they need to.

We are always grateful for any donations of unwanted items to restock our supply. If you have any unwanted uniform, underwear or socks we could use for this purpose please hand these to the school office.


If your child is sent home with some of these items, once they have been washed, please could you return them to the school to be placed back with our supply.

Lunch menu week commencing 6th September 2019

- With effect from 4th September school dinners cost £2.30.
- The dinner menu is the same as the summer term menu until half term when a new one will be sent home.
- A full copy of the term's menu can be found on the front of the school website under Links and Downloads.

| Menu available: 29th Apr, 20th May, 17th June, 8th July, 9th & 30th Sept, 21st Oct. | Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|-------------|----------------------------------|-------------------------------------|--|-----------------------------|---------------------------------|
| | Mains | Chicken curry | Brunch grill | Roast gammon ham, apple stuffing, gravy | Beef bolognaise | Chicken breast nuggets |
| | Vegetarian | Cheese and tomato pizza baguette | Quorn sausage brunch grill | Sweet potato, spinach and chickpea roast | Mac n cheese | Quorn nuggets |
| | Served with | Rice and sweetcorn | Hash brown, beans and scrambled egg | Roast potatoes and chef's fresh veg | Pasta, focaccia bread, peas | Chips, coleslaw, tomato ketchup |
| | Dessert | Slices of fresh fruit | Raspberry muffin | Peach melba slice | Chocolate cracknel | Banana flapjack |

Future Diary Dates (don't forget to check the school website, www.ovschool.co.uk for up to date information)

|  ACADEMIC YEAR 2019-20 Please Note our School Holiday and Closure Dates for your Diary / E-Diary / Noticeboard / Delivery Schedule | | |
|---|--------------------------|----------------------------|
| Holiday Dates (inclusive) | Last Day of School | Pupils Return on |
| Autumn Term 2019 starts (Non-Pupil days on Mon 2 & Tues 3 Sept 2019) | | Wednesday 4 September 2019 |
| Autumn Half-Term 2019 (Non-Pupil day on Fri 18 October 2019) | Thursday 17 October 2019 | Monday 28 October 2019 |
| Christmas Holiday 2019 | Friday 20 December 2019 | Monday 6 January 2020 |
| Spring Term 2020 starts | | Monday 6 January 2020 |
| Spring Half-Term 2020 | Friday 14 February 2020 | Monday 24 February 2020 |
| Easter Holiday 2020 | Friday 27 March 2020 | Tuesday 14 April 2020 |
| Summer Term 2020 starts | | Tuesday 14 April 2020 |
| May Bank Holiday – Fri 8 May 2020 | Thursday 7 May 2020 | Monday 11 May 2020 |
| Summer Half-Term 2020 | Friday 22 May 2020 | Monday 1 June 2020 |
| Summer Holiday 2020 | Friday 17 July 2020 | |

Future trips and events

Years 5 and 6—Wild Nights Out (letter sent home with children this week)

Wed, 25th to Thurs, 26th September—Group 1

Thurs, 26th to Fri, 27th September—Group 2

The secondary schools will be sending information out to Year 6 parents shortly about their Open Events
Park School

Thur, 19th Sept—Y5&6— Open Evening—6.30pm

Mon, 23rd Sept—Y5/6—9.05am—Open Morning

Wed, 25th Sept—Y5/6—9.05am—Open Morning

Tue, 24th Sept—Y5/6—9.05am—Open Morning

Thurs, 26th Sept—Y5/6—9.05am—Open Morning

Pilton Community College

Mon, 23rd Sept—Y6— 6.30pm—Open Evening

Thurs, 26th Sept—Y6—9.05am—Open Morning

Wed, 25th Sept - Y6—9.05am—Open Morning

Fri, 27th Sept—Y6—9.05am—Open Morning

Tue, 8th Oct—Years 3 and 4—Watermouth Castle (letter sent home with children this week)

NORTH DEVON GIRLS ELITE FOOTBALL DEVELOPMENT CENTRE

RUN BY EX-PROFESSIONAL FOOTBALLER, ANDY ROSE AND COACH AMY

LIMITED SPACES

WOULD YOUR DAUGHTER BENEFIT FROM THESE SESSIONS?
CONTACT US TO ARRANGE A TRIAL

BRAND NEW 3G PITCH

FRIDAY'S

6-7PM

GIRLS ONLY

GROUP 1 (8-11 YEARS)

GROUP 2 (12-14 YEARS)

OPEN TRIALS
20 & 27 SEPTEMBER

LEARN - PRACTICE - DEVELOP - ACHIEVE

Ex-professional footballers, Andy Rose & Simon Marsh are passionate about developing young footballers to reach their full potential and want to pass on their knowledge and understanding of the game.

The development centres are for advanced footballers looking to receive extra technical, tactical and quality training to progress as individuals.

Our sessions run termly and cover all aspects of the game, fitness and nutrition.

The footballers will be encouraged to challenge themselves as an individual using their personal development plans and experience coaching topics in a team environment.

Our sessions do not interfere with their grassroots football clubs and are for individual development.

TARKA TENNIS SEVEN BROTHERS BANK, BARNSTAPLE, EX31 2AP

ONLINE BOOKINGS: www.romarsports.com

EMAIL: info@romarsports.com

CONTACT: Holly: 07834 387006

AFTER SCHOOL SCIENCE CLUB

Only £5
per child per session

15 children
minimum

Dear Parent

We are delighted to offer an after school Science Club on Tuesdays at Orchard Vale School for KS2 children starting on September 10th for 6 weeks.

Your school dates will be:

September 10th, 17th, 24th, October 1st, 8th & 15th

Our club gives children the perfect opportunity to experience science in an imaginative and inspiring environment.

The sessions are 1 hour straight after school. Children will enjoy brilliant hands-on experiments that bring science to life, and each week they take something home that they have made.



WEEK 1 - CHEMICAL REACTIONS

WEEK 2 - ERUPTING SCIENCE

WEEK 3 - MAGNETS & METALS

WEEK 4 - MAKE IT, BUILD IT

WEEK 5 - MYSTERY CHALLENGE

WEEK 6 - ELECTRIC SCIENCE



www.sciencedipity.co.uk

HOW TO BOOK YOUR PLACE:

The total cost of this club is £30 per child.

Please book and pay for this club via this link: <https://Sciencedipity.as.me/orchardvaleKS2>

For any queries, please contact Ruth via email to sciencedipity@outlook.com, or text/call 07847006048 or message us through Facebook (search for "sciencedipitydevon").

Give Volleyball a go!



Saturday 14th September

9.30- 11.00

Year 4 to Year 10 boys and girls

North Devon Leisure Centre

Whether you've played before or have never even touched a volleyball you are all welcome.

Our coaches will run you through some fun drills and volleyball skills.

No need to book, just turn up on the day and it's free!

Our Head Coach, Matt Rhymer will be joining us. Matt started playing volleyball at secondary school; he's gone on to achieve great things and is currently the England Junior Women's Head Coach.

We have players from our club who currently play for:

- our teams in the South West league
- our team in a National league
- the junior South West squads
- the England Cadets, England Junior and England Senior teams

Many of these players started here at our Saturday Morning Club!



All our coaches are DBS checked and Volleyball England qualified.

Parents are welcome to stay or leave - if you intend to leave, please ensure you see one of our coaches to fill in a form.

Our Saturday morning sessions run during term time from September to Easter, then we move onto the beach. Details will be available on the day.

If you have any questions please contact Becky Spencer at beckster_s@yahoo.com

Chulmleigh College

Open Evening

Tuesday 17th September 4.30-7pm

Our results are amongst the 'BEST IN THE SOUTH WEST'



We are delighted to invite prospective pupils and their parents/carers to meet our teaching staff and take part in activities across a wide range of subjects.

Presentations by Executive Headteacher Michael Johnson ~ 5pm & 6pm.

We look forward to meeting you!

OPEN MORNING: Wednesday 25th September 9-10.45am

Can't make the Open Evening? Join us for a school tour and meet key College staff.

OUT OF SCHOOL TRANSPORT AREA? Ask about our school transport from Barnstaple, Crediton, Rackenford & Torrington areas

w: www.chulmleigh.devon.sch.uk t: 01769 580215

e: admin@chulmleigh.devon.sch.uk

@ChulmleighAT
@ChulmleighCollege



NHS Devon Partnership NHS Trust

DO YOU WANT TO SLEEP BETTER?

A good night's sleep can make all the difference and is important for health, wellbeing, work and family life.

Learn all about sleep and proven techniques to help you sleep better.

FREE NHS SLEEP WORKSHOP
Wednesday 16 October 2019
5pm - 8pm at Chivenor

To book a place please call or email us and provide a few details to register with the service

t: 0300 555 3344
e: dpt.talkworks.northdevon@nhs.net
www.TALKWORKS.dpt.nhs.uk

TALKWORKS
IMPROVING YOUR MENTAL AND PHYSICAL WELLBEING

@DPT_TALKWORKS



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NHS Devon Partnership NHS Trust

WAKE UP FROM FEELING TIRED

FREE NHS SLEEP WORKSHOP
Wednesday
16 October 2019
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To register and book:
0300 555 3344
e: dpt.talkworks.northdevon@nhs.net
www.TALKWORKS.dpt.nhs.uk

We're a free NHS service. Register by providing a few details including name, address and GP.

TALKWORKS
IMPROVING YOUR MENTAL AND PHYSICAL WELLBEING

@DPT_TALKWORKS



NHS Devon Partnership NHS Trust

DO YOU WANT TO SLEEP BETTER?

Struggling to get off to sleep or waking up a lot? Lying awake worrying? Still feeling tired when you wake up?

WE CAN HELP

A good night's sleep can make all the difference and is important for health, wellbeing, work and family life.

We offer sleep workshops or, if you prefer, one-to-one appointments to discuss your sleep problems and how we can help.

To register with the service and book a place:
North Devon
t: 0300 555 3344
e: dpt.talkworks.northdevon@nhs.net

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***07/19