

Orchard Vale's Weekly News

1st May 2020

www.ovschool.co.uk

orchardvale@ventrus.org.uk



Dear Parents/Carers

1st May 2020

The summer term has now commenced and although our school buildings remain firmly shut to the vast majority of our children, our hearts and minds remain very much open, retaining an unwavering sense of our responsibilities as leaders, teachers and support staff for the ongoing wellbeing and education of the children and families that we serve. With this in mind, I would like to take the opportunity within this letter to outline how we as a school have harnessed and aligned our collective efforts to meet the significant challenges ahead.

I am sure, like me, you would like to offer heartfelt thanks to all leaders, teachers and support staff for the amazing efforts that continue on a day-to-day basis. During what would have been our Easter holidays, colleagues in our school and across the Trust have continued to provide childcare for the most vulnerable children and to the children of parents whose work is critical to the challenge of defeating coronavirus, willingly giving up holiday time with their families, including bank holidays, to continue to serve on the front line of this national effort.

As a school we have been fastidious in observing Public Health England guidelines, including minimising the amount and frequency of social contact, with this in mind we have kept staff numbers to a minimum in our school, encouraging colleagues to work from home as much as possible. We remain committed to doing everything we can to protect our staff and your children.

There is no doubt that we are living through a unique period in our history and our actions, behaviours and achievements in the next few months will form part of an enduring legacy. To this end I think it is important to lay out some ambitions for our work.

I would hope that at some point in the future we will all be able to look back at this period of time knowing that as far as humanly possible we did the right things at the right time for our children and families, making a significant contribution to protecting and promoting the well-being of our communities and our Nation as a whole.

Whilst ensuring compliance with both normal and extraordinary regulations, we will have targeted resources and prioritised activities which will support our society in the long term. Crucially, we will have looked forward with positivity and by working together ...

- Your child/ren will have remained safe and well looked after
- We will have used the very best approaches to supporting remote learning that will have minimised the educational deficit of this period, especially for the most disadvantaged
- Your child/ren we will still feel connected to school through the high levels of personal contact and care that they have experienced from their teachers and support staff
- Your child/ren will have increased general knowledge, life skills and awareness of the world in which they live
- Families will feel that they have been well supported in keeping their families safe, happy and purposefully occupied
- We will have played a meaningful role as a strategic partner in civic leadership within our local communities and across the wider system
- We will have a thoroughly planned curriculum offer in place for 2020/21 which takes into account the missed time in school, especially for the most disadvantaged

At times like these, clear and consistent communication is more important than ever and I will of course keep you updated on our progress towards meeting these ambitions.

With my very best wishes, stay safe and well.

Fiona Pearce
Headteacher

Income related Free School Meals—Vouchers



If your child is registered with the school under the Pupil Premium Scheme you are entitled to income related free school meals. Please check your emails (including your junk folder) for the new government food vouchers. Please ensure that the school has your up to date email address.

The email will be sent from noreply@edenred.co.uk or hello@email.edenred.co.uk. The Government have provided vouchers for you to redeem through Edenred. You will receive an email each week providing you with a code which you need to redeem through Edenred. You can then select your chosen supermarket and download a voucher for you to use in store.



Foundation Stage and Key Stage One

Mrs Youll's nomination I have two stars of the week:



Arlo has completed some super maths. He completed all the maths tasks last week and this week has made a lovely picture board of 'the very hungry caterpillar'. He has worked hard and shown excellent understanding of all the mathematical concepts.

Hugo has been trying really hard with all his activities, especially with his writing. He has been practicing writing his name, numbers and the letter of the week.

Miss Cawthorne's nomination – I have two stars of the week:



Malaki has been working so hard on his home learning completing some lovely writing and phonics.

Darcy did some fantastic phonics at home and completed his 20 mile walking challenge.

Miss Boundy's nominations - I have two stars of the week:



Jensen W has continuously worked hard at home and has had a go at some science experiments.

Jake J completed some amazing maths work at home and worked really hard.

Mr Quilter's nomination



Mia J has worked incredibly hard with her learning completing all tasks. Not only has she completed tasks but has impressed me with her understanding and problem-solving. I love that she has been helping out at home, helping transform her garden and tending to her plants with great care and devotion. Mia has also kept me going this week with her fantastic jokes, making me laugh and keeping me smiling.

Mrs Oldfield's nomination



Betsy has embraced the introduction of cursive writing into her learning. This is what Betsy wrote when asked to write reasons that someone had thanked her for something she had done for them. "*Claude the cat gave me a smelly mouse to say thank you for scratching his back*". This made Mrs Oldfield laugh out loud for a long time - Thank you Betsy.

Mrs Grimwood's/Mrs Huggins' nomination



Larisa has worked hard every single day to complete her tasks and upload them for us to see. Her work has been done with care and we can see her enthusiasm shining through. She is really trying to do everything as well as she possibly can. Larisa is working independently to get things done. She has also shown us some lovely things she has been making at home from rockets, roast potatoes for tea and even bunting for a fun day on a Saturday. Well done Larisa you are a shining star.



Key Stage Two

Miss Gulliford's nomination



Jorja's fantastic school ethos has continued with hard work and determination at home. Every day she submits high quality work which she often extends on. Her work is completed with beautiful handwriting and presentation with her humour shining through. All of her work is well thought through and I can see that she is using the adults at home to provoke her thinking. A huge well done JJ!

Mrs Johnson's nomination



Natalie had a slow start to SeeSaw but this week she has worked like an absolute trooper, completing almost all of the tasks set since returning after the Easter Holidays in one week! She has done this alongside this week's tasks, which I think is phenomenal and has rightly earned her the title of my Star of the Week! Well done Natalie, now that you have caught up there will be no stopping you!

Mr Whapham's nomination



Logan has been doing exceptionally well with his home learning this week. He is engaging with all tasks that are set, including afternoon topic work. From notes and comments I have seen from his parents, I can tell that he is really trying his best and working very hard on the tasks. I know that he has really impressed both myself and his parents with his maths recently too! Keep up the hard work Logan! You are being a star!

Miss Squire's nomination



Jamie's dedication to learning over the past few weeks - even down to him drawing out diagrams for his daily maths tasks is amazing. I have been really impressed by the hard work he has put in, every day.

Mrs Rana's/Mrs Lowrey's nominations



Olivia J has worked continually hard in all areas and her attitude is really helping her learning. Her work has been well-presented and we value her continued enthusiastic comments. Well done!

Mrs Harding's nomination



Jessica has been working hard at home and has kept working even though it has been a challenge at times. Well done for persevering with your work and never giving up!!

Mr Lewis' nomination



Harriet has been constantly engaged with Seesaw over the last few weeks and the quality of work that she has produced has been excellent. She is always curious to find out what the next task will be and brightens up our day with her comments!

Mr Ovey's PE at home ideas

Here are a few ideas of fitness/PE activity websites/activities from Mr Ovey that you might like to check out.

Joe Wicks Kids fitness sessions https://www.youtube.com/watch?v=mhHY8mOQ5eo	Go Noodle- An app for them to download with games. https://www.gonoodle.com/blog/gonoodle-games-movement-app-for-kids/
Cosmic Kids- Yoga https://www.youtube.com/watch?v=9Jl01thiHYI	Super Movers- Dance https://www.bbc.co.uk/teach/ks2-physical-education/zj2n92p

Feeling Flexible? Home Physical Education

How to play:

- Layout 5 markers in a space around your area. These are your 5 flexibility circuit activities
- Station 1:** Perform 10 extended tucks.
- Station 2:** Perform 10 roll and release.
- Station 3:** Perform 10 lunges.
- Station 4:** Perform 10 arches, holding each one for 5 seconds.
- Station 5:** Perform 10 extended leg raises.
- How many times can you repeat the circuit?

Can you complete the circuit with a partner, encouraging each other?

Can you keep trying even if you feel tired?

Top Tips
Stretch Out!
By stretching (static or dynamic) this will improve our flexibility. 'Flexibility is the elasticity of muscles when stretching and the ability to move joints through a full range of motion'

Let's Reflect
Do you understand why stretching your muscles will improve your flexibility?
Do you understand why it is important to be flexible when playing sport?

Complete P.E. | YOUTH SPORT TRUST | 25 | Believing in every child's future

Boccia Home Physical Education

How to play:

- This game can be played standing up or sitting down.
- Choose a place to throw from and place a marker 5 steps away.
- Each player needs 3 balls or pairs of socks.
- Players take turns to throw or roll their ball towards the marker.
- Once all players have thrown or rolled their ball, the ball that is closest to the marker is the winner.

Can you play fairly and keep the score?

Can you keep trying even if your ball is the furthest away from the marker?

Top Tips
Roll or Throw Underarm
Step forwards with one foot, bending the knee, release the ball along the ground using your opposite hand.

Let's Reflect
What did you learn after each throw or roll to adapt for the next?
How did you keep focused?

Complete P.E. | YOUTH SPORT TRUST | 25 | Believing in every child's future

MY FITNESS WORKOUT

Instructions: Select 3 exercises from each group to build your own fitness workout. After you have chosen your exercises, cut them out and glue or tape them below to create your personalised fitness workout. Note: You may also draw in your own. Place in the lower section of the paper to be filled before the end of the month.

Upper Body Exercises	Forearm Plank	Mountain Hold	Push-ups	Side Plank	Seal Hold
Lower Body Exercises	High Knees	Lunges	Back Leg Lifts	Side Lunges	Tippie Toe Hold
Core Body Exercises	Sit-ups	"V" Hold	Straight Leg Hold	Crab-ups	Bicycles

MY FITNESS WORKOUT Name: _____

When Done Pass In This Part	Upper Body Exercises				When Done Pass In This Part
	Lower Body Exercises				
	Core Body Exercises				

Something to share? What have you been doing?

If you would like to share photos of things you have been doing whilst at home please either send photos/ comments to your class teacher via Seesaw or Tapestry and confirm you are happy for it to appear on the newsletter or email the school on orchardvale@ventrus.org.uk.



When she is not setting work for her class on Seesaw Miss Gulliford has been doing a 90mile virtual challenge run indoors in 28 days! The distance of Hadrian's Wall and an average of over 5k a day to keep herself busy!

Well done Ms Whiteley. She has completed the April Race at your Pace 100 mile running challenge with her daily exercise runs in the beautiful sunshine. So lucky to live where we do.



Jessica made a super spider.



Mikey hatched out his own butterfly and released it.



Henry holding his butterfly ready to release it.



Hugo's lovely food counting calendar



Darcy completed his running challenge



Olivia has made her own hungry caterpillar



Vinny being extra creative with mum!



Mia J has been making flower beds and caring for plants. This is an apple tree she grew from seed. She has also created a vegetable garden!



Ashton is now running 7km at a time. What an amazing achievement.



Jake has been busy trying to cover the floor in his jigsaws.



Alexa made a bug hotel



Archie drew this lovely picture after completing a reading comprehension sheet.



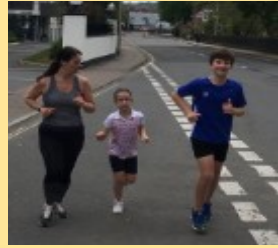
Larisa made the Tower of London

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Logan and Jamie wanted to share their window with you.



Lauren taking part in the 2.6 running challenge



Lauren's cake - baking weekend.



Natalie - super star online learner

Year 3/4 have been researching an artist called Eric Joyner.

He is a contemporary American artist whose work has focused on robots and doughnuts!

The children researched facts about Joyner and then produced their own art work based on his style



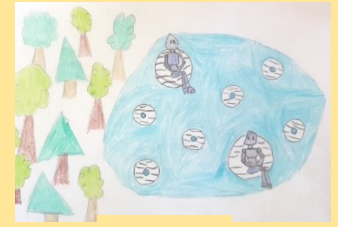
Mya



Ruby



Heidi



Sophie



Freddie K-P



Lexi-Mae



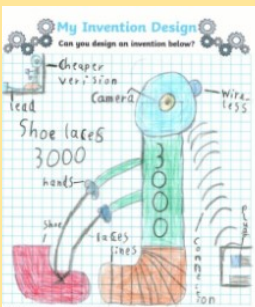
Jorja

Oliver and Ethan emailed Eric Joyner with the help of their Dad and he replied!



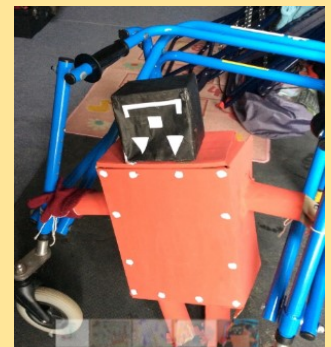
Chloe-Rose

Hi Alex,
Thanks for your message:)
As far back as kindergarten, I always enjoyed drawing. I do some painting in the 4th grade, but stopped. However, 5 years later, I started painting again. My mother gave me a water color set and an art book about Norman Rockwell. This really got me interested as art as a career & resides at age 16! that I would attend an art college. After art school, I became an illustrator (commercial artist) and that lasted for 17 years. I grew tired of illustrating & decided to become a gallery artist & that's what I am today. I paint robots and donuts specifically because I like them. It is a challenge to continue to imagine different ways to use them in paintings, but I like a good challenge:)
Hope this helps!
Best,
Eric



The children have also been busy designing their own inventions for every day chores. Kaito designed a fantastic 'Shoelace Tying Machine'!

Lacey-Rae designed and made an amazing robot called Robbie the Robot. He attaches to her frame and can smell the other runners during a race using his sensors. He speeds up so that he and Lacey-Rae win every race! He is controlled via voice command and follows Lacey-Rae's orders!



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Year 5 and 6 have enjoyed their DT challenge to work with the adults at home to prepare and cook a meal.



Coral



Khloe



Olivia



Will J



Freya



Ella and Macie have been making their dinner. Looks scrummy!



Kiaron



Ollie



Jamie



Owen



Will Ph

Fantastic rap by Coral

My name is Coral I had a bad day.
All I wanna do is go outside and play,
I miss my friends but I have to stay,
Cos I don't want the chill's ruining my day.

Covid-19 is a strong virus,
Thank you NHS for slowing the crisis.
I have to leave a mention for my mum and dad,
As they are key workers and deserve a badge.

I've made the most of my time off school,
I learned to ride a bike and made a stool,
I also made a cake that made my neighbours drool,
And I made a hut not using a tool.



Annalise
Ran 6K.



Jessica
enjoying her
book.

National Careers

Online learning platform to boost workplace skills launched

Free courses are available through the new online platform, the Skills Toolkit. This platform signposts to free, high-quality digital and numeracy courses to help people build up their skills, progress in work and boost their job prospects and confidence whilst at home.

Courses on offer cover a range of levels, from everyday maths and the use of email and social media at work to more advanced training. All courses are available online and are flexible so that people can work through them at their own pace.

The Skills Toolkit can be accessed here: [National Careers - online learning platform](#)



Our online resources

We have a range of free resources that all library members can access online:

Download and stream free eBooks, eAudioBooks and eMagazines, with more than 3,500 titles on [Overdrive](#) (eBooks and eAudiobooks), including a range of 'beginner reads' for children in the early stages of learning to read, and 1,000 unlimited use eAudiobooks through [RB Digital Devon](#).

A selection of eMagazines are available on [RB Digital Devon](#).

A range of eAudiobooks via [BorrowBox](#)

Online reference resources at [Devon Libraries](#) including AncestryUK

fun online content and live streaming events via social media. Check out individual library Facebook pages for more information

Ensuring all children and families can access their online services

Already a member - All children and families that already have library membership at one of our public libraries will automatically be able to access these services.

Not a member you can register on [Devon Libraries website](#). Once registered you will be issued with a number which will start UNREG - your child can then use this number straight away for the online services and get access immediately.

Summer Reading Challenge

The Reading Agency are currently working on plans for how the Challenge will run this year bearing in mind that we do not yet know if libraries will be open in time for the summer. What we do know is that the Challenge will definitely be going ahead but probably mainly online, and that the theme will be 'Silly Squad' – an opportunity to get children reading lots of fantastic funny books! We will let you know more details when we have them.

Local events from Barnstaple Library

We would like to invite all teachers, parents and carers to visit and 'like' our Facebook page: Here you will find details of our events and activities which are regularly updated.

[Barnstaple Library - Home | Facebook](#)

Barnstaple Library. 2.4K likes. Barnstaple Library is one of 50 Devon Libraries. Free to join, free loan of books, computer use, photocopy & print facilities. Hire of DVDs, CDs & Spoken Word. Rooms...

www.facebook.com



Celebrating VE Day on Friday, 8th May

It will be 75 years to the day, on Friday, 8th May 2020, since the guns fell silent at the end of the war in Europe. This year, the nation will be marking the occasion differently. Many community celebrations, due to take place on the bank holiday weekend (Friday, 8th to Sunday 10th May), have been postponed. The veterans' procession and events in London will no longer go ahead. But mark the occasion, we will still.

There are lots of ways that you can get involved and show your support in marking the day on social media and via your digital channels. The government has published a [VE Day Toolkit](#) of resources to include bunting and posters that you can print and display at home in your windows. [English Heritage](#) has a pack to help you put together your own celebrations to mark the anniversary from home. Share your Second World War stories, families' histories and messages of remembrance on social media, using **#VEDAY75** to join the conversation.

For school children, historian and presenter Dan Snow has set you a [creative challenge](#) to research what VE Day is all about.

However you mark the day, privately or publicly, please do so safely.



Dear school,

We hope you are keeping well during these strange times.

We have launched '[Cycles for Key Workers](#)', a single information point to make cycling easier for key workers as they travel to and from work during Covid-19.

As many schools remain open for the children of key workers, we thought this may be of interest to school staff and to the parents of the children. If that's the case, please let them know about these resources:

Forward this email to those who might benefit from this information.

Download and display the [Cycles for Key Workers poster](#)

Or, [click on the social media icons below to share our interactive map online](#) on your social channels.

[Cycles for Key Workers](#)



Lockdown letters is a community art project that will hopefully bring a sense of reflection both during and after this unsettling time we are all currently living through.

With the letters we hope to create an installation to be exhibited in life post-lockdown.

www.lockdownletters.com