

Ventrus Primary School Menu **Week 1** – week commencing **7 Sept / 21st Sept / 5th Oct / 19th Oct**

Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni cheese Quorn hotdog Potato squares and sweetcorn Jacket Potato with cheese and beans Various Ice-creams	Sausage, mash and peas Jacket potato with cheese and beans Cookie	Pizza with potato squares and sweetcorn Cheese and tomato pasta bake with focaccia bread Jacket potato with cheese and beans Various yoghurts	Breaded fish with potato wedges and peas Jacket potato with cheese and beans Cake	Chicken nuggets, fries and vegetable sticks Quorn dippers, fries and vegetable sticks Jacket potato with cheese and beans Various Ice-creams
School packed lunch option	School packed lunch option	School packed lunch option	School packed lunch option	School packed lunch option
Sausage roll, dessert, fruit and crisps	Ham sandwich, dessert, fruit and crisps	Cheese and onion pasty, dessert, fruit and crisps	Cheese sandwich, Dessert, fruit and crisps	Ham Sandwich, dessert, fruit and crisps

Ventrus Primary School Menu **Week 2** – week commencing **14th Sept / 28th Sept / 12th Oct**

Monday	Tuesday	Wednesday	Thursday	Friday
Hot Dog Potato squares and Peas Vegetable bolognese with pasta Jacket potato with cheese and beans Various Ice-creams	Breaded fish Fingers with potato wedges and peas Jacket potato with cheese and beans Cookie	Pizza with potato squares and sweetcorn Quorn sausage roll with potato squares and sweetcorn Jacket potato with cheese and beans Various yoghurts	Beef Bolognese Pasta and Sweetcorn Jacket potato with cheese and beans Cake	Crispy chicken goujons, fries and vegetable sticks Quorn dippers, fries and vegetable sticks Jacket potato with cheese and beans Various Ice-creams
School packed lunch option	School packed lunch option	School packed lunch option	School packed lunch option	School packed lunch option
Sausage roll, dessert, fruit and crisps	Ham sandwich, dessert, fruit and crisps	Cheese and onion pasty, dessert, fruit and crisps	Cheese sandwich, Dessert, fruit and crisps	Ham Sandwich, dessert, fruit and crisps