

Week Beginning 7th May 2019

My week at Nursery

Things I have been doing this week...

We have been learning about the Life Cycle of a butterfly and learning some new vocabulary.
We have been learning about the letter 'a.'

Other things I may have enjoyed are:

Colouring butterfly pictures.
Making butterfly paintings.
Butterfly collages.
Using playdough to make caterpillars and butterflies.
Looking at butterfly pictures with magnifying lenses.
Using counters to make symmetrical butterflies.

Stories and songs, we have taken part in this week...

The Hungry Caterpillar.
Cautious Caterpillar.

We have also looked at poems, Power Points and books about butterflies.

Please note, at the moment, we are very busy each morning settling new children and guarding the door so if you wish to leave a quick message and we are very busy please feel free to write it on a post-it and hand it to a member of staff before you leave.

If you wish to increase your child's hours for September you will need to make your requests before half term. (I have the booking forms in the classroom.)

Rob Stevens, Chief Ventrus Chef visited the school today and prepared some scrumptious food based on the new school dinner menu for September. We hope those of you who attended found this tasty.

Friends of Orchard Vale – Foundation Stage Disco – Friday, 17th May

The Friends of Orchard Vale will be holding a school disco for Foundation Stage Children on Friday, 17th May between 3.30pm and 4.30pm. A parent/guardian must be present for the duration of the disco. Tickets cost £2, which includes a drink. There will be snacks, drinks, tattoo transfers and a photo booth during the evening. All monies raised are used to help subsidise trips and events across the school.

School Council – Sandcastle Competition – 29th April to 29th May

We have received some wonderful photos of your creations for the School Council sand castle competition. Please see attached for full information.

Lost Property

If your child has lost any items over the spring term please could you check the Lost Property area on the Key Stage 2 landing, outside Years 5 and 6 classes. Any unlabelled items not claimed will be recycled by the Friends of Orchard Vale in a New-2-U sale.

Lunch menu for next week is 'Week One' (see our website for full details)

Diary Dates (don't forget to check the school website, www.ovschool.co.uk for up to date information)

Mon, 27th to Fri, 31st May – Half term

Mon, 3rd June – Non Pupil Day

Have a lovely weekend.

Mrs Youll



5th April 2019

Dear Parents/Carers and Children,

Throughout May the Orchard Vale School Council will be holding a **FREE** sandcastle competition!

It will run from 29th April until 29th May.

There will be 2 winners from each year group below:

Nursey/Reception,
KS1
KS2

Winners will be revealed on 31st May and will receive a beach related goody bag.

Here are the rules:

- You must build your sandcastle at the beach.
- Your family can help you.
- You can use anything you like to help build it.
- You can decorate your sandcastle using materials found at the beach, such as stones, shells etc.
- You must take a picture and either e-mail to school or bring in a photo and you must be in the picture of your sandcastle.
- You can enter the competition as many times as you like.

Make sure you have included your child's name and class on the photo or email.
If you are unable to print off your picture, please email it to ovsandcastle@outlook.com

Have fun and good luck!

School Council



Here at Orchard Vale School

Sunday May 19th
From 4.00pm - 5.30pm

Singing
Craft
Stories
Refreshments

The event is organised and led by North Devon Christian Fellowship. The leaders are DBS checked and First Aid trained.

Children **MUST** be accompanied by an adult.

You are welcome to just turn up but it will help us with refreshments if you message us on 07999 752 852 to let us know that you are coming.



GAYNOR M. HOWE

LOW IMPACT FITNESS

THE FIRST STEP IS THE HARDEST

CONTACT

FACEBOOK: GAYNOR M HOWE

PHONE: 07773892435

Hello!

Come along and try our LOW IMPACT exercise class,

HERE at Orchard Vale School.

Mondays at 6.30pm – 7.30pm

We start off at low intensity, then I show you how to step it up when you want, so there's no need to feel embarrassed.

Other days/sessions available are:

Monday at Barnstaple Social Club 10am – 11.00am

Tuesday, Bideford, Robins Nest, 2pm – 3pm

Wednesday Barnstaple Social Club, 11.30am – 12.30 pm

Get in touch to book your **FIRST** session for **FREE!**

Future sessions will be only £5.00

Hope to see you there, you won't regret it!



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Hello!

We all know exercise is good for you for many reasons, but its especially important for health and wellbeing, especially mental health, not to mention burning off all of those extra calories

I feel great after our sessions, and I know my members do aswell.

If you're interested in the thought of it, but don't like exercise, then come along and try it for the first session for **FREE**.

The cost will be £5 per session thereafter, for 1 hour.

Its adapted to your own pace, and I start off at low intensity, and step it up, rather than the other way around, so there's no need to be embarrassed.

Our sessions are:

Monday 6.30pm here at Orchard Vale school.

Monday morning 10.00am at Barnstaple social club, (formerly British Legion)

Tuesday 2.00pm Bideford. Robins Nest

Wednesday 11.30am Barnstaple social club (formerly British Legion).

It would be fab to see you.

Gaynor x