## Summer Menu 22

Our mission is to provide each of our schools with a unique dining experience that is innovative, aspirational, quality assured and excellent value for money. We can assure you that our ingredients are responsibly, and where possible locally sourced. No ifs, no buts, our menu ingredients are all freshly prepared at your school.
The results speak for themselves; access to hearty, wholesome and healthy food every school day.
Week 1 16th May / 13th June / 4th July

|  | Meat Free Monday | Around the World American Tuesday | Roast it Up Wednesday | Tasty Treat Thursday | Fun Time Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| M | Macaroni Cheese | Beef Burger in a Bap | Roast Chicken \& Stuffing | Fish Fingers | BBQ Chicken |
| V |  | Quorn Hot Dog in a Finger Roll | Quorn Fillet | Quorn Nuggets |  |
| Sides | Malted Baguette, Sweetcorn \& Fresh Broccoli | Wedges, Corn on The Cob \& Peas | Roast or Mash Potato, Fresh Sliced Carrots, Broccoli \& Gravy | Chips or Pasta, Tomato Sauce, Carrot \& Cucumber Sticks | Wholegrain Rice, Sweetcorn \& Baked Beans |
| JP | Cheese, Beans or Tuna | Cheese, Beans or Tuna | Cheese, Beans or Tuna | Cheese, Beans or Tuna | Cheese, Beans or Tuna |
| SPL | Cheese Roll | Egg Roll | Chicken Roll | Ham Roll | Sausage Roll |
| D | Pip Organic Ice Lolly | Chocolate Brownie | Fresh Fruit | Lemon Drizzle Cake | Fruity Flapjack |

## Week 2 23rd May / 20th June / 11th July

|  | Meat Free Monday | Around the World Italian Tuesday | Roast it Up Wednesday | Tasty Treat Thursday | Fun Time Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| M | Cheese Wheel \& Wedges | Pasta Bolognaise | Gammon \& Pineapple | Butchers Sausages | Harry Ramsdens Battered Salmon Fillet |
| V |  | Vegetable Lasagne | Homity Pie (Leek \& Pots.) | Pizza Muffin | Veggie Sausages |
| Sides | Peas \& Sweetcorn | Crusty Baguette, Carrot \& Pepper Sticks | Roast or Mash Potato Fresh Broccoli, Shredded Cabbage \& Gravy | Chips or Pasta, Tomato Sauce, Carrot \& Cucumber Sticks | Wholegrain Rice \& Mixed Vegetables |
| JP | Cheese, Beans or Tuna | Cheese, Beans or Tuna | Cheese, Beans or Tuna | Cheese, Beans or Tuna | Cheese, Beans or Tuna |
| SPL | Cheese Roll | Egg Roll | Gammon Roll | Ham Roll | Sausage Roll |
| D | Pip Organic Ice Lolly | Banana, Syrup Pancake | Fresh Fruit | Fruit Smoothie | Date \& Apple Cake |

## Week 3 9th May / 6th \& 27th June / 8th July

|  | Meat Free Monday | Around the World <br> Chinese Tuesday | Roast it Up <br> Wednesday | Tasty Treat Thursday | Fun Time Friday |
| :--- | :--- | :--- | :--- | :--- | :--- |
| M | Margherita Pizza with <br> Pasta | Chicken \& Noodles or <br> Wholegrain Rice | Roast Pork \& Apple <br> Sauce | Breaded Fish Fillet | Crispy Organic Pork Meat <br> Ball Pot Roast |
| V |  |  | Vegetable Roast | Veggie Burger |  |
| Sides | Sweetcorn \& Peas | Sides- Stir Fry <br> Vegetables | Roast or Mash Potato, <br> Fresh Sliced Carrots, <br> Broccoli \& Gravy | Chips or Pasta, Tomato <br> Sauce, Carrot \& Cucumber <br> Sticks | Mixed Vegetables |
| JP | Cheese, Beans or Tuna | Cheese, Beans or Tuna | Cheese, Beans, Tuna | Cheese, Beans or Tuna | Cheese, Beans or Tuna |
| SPL | Cheese Roll | Egg Roll | Pork Roll | Ham Roll | Sausage Roll |
| D | Pip Organic Ice Lolly | Mandarin Jelly | Fresh Fruit | Chocolate Cracknel |  |

