

Orchard Vale's Weekly News

17th July 2020

www.ovschool.co.uk

orchardvale@ventrus.org.uk



Message from the Headteacher



I would just like to say a massive thank you to all of our parents for your support during this challenging time.

I know home schooling is not easy and I appreciate the efforts you have put in working alongside your children and keeping them active. I have really loved seeing everything you have been up to at home. Thank you for the photos, comments, emails and videos. You have all been amazing!

We are finding ways of keeping home learning going next year and will be moving our online platform to support homework in a similar fashion in the future. We will be in touch in September with new logins.

Thank you to those of you who have sent in emails of thanks, these have been passed on to class teacher/ relevant staff and they are very much appreciative of your words.

We are sad to be saying goodbye to Mrs Hyde, Miss Cook, Mrs Shury and Mr Lewis. We wish them all well in the future.

I am looking forward to seeing you all back in September.

Enjoy the summer, take care and stay safe.

Fiona Pearce, Headteacher

Annual reports/classes for September

Annual reports have been emailed out to parents this week, with a note stating who your child's class teacher will be in September.

Back to school

I am delighted that we are going to be able to welcome you all back in September. The new term will start on Monday, 7th September 2020. We will be working in bubbles again in September.

The attached letter has been emailed to all parents giving full details on how things will work in line with the government's guidelines we will have to adhere to.

Personal items left in school

If your child has any personal items left in school (books, PE kits, wellington boots, clothing) these will be made available to them when they return to school in September. At the moment these items have all been labelled and moved out of classrooms to a safe storage place to comply with the Government guidelines.

Returning to School

[The film for primary school pupils can be found here:](#)

Government advice:

[Government Guidance for parents/carers of children attending out-of-school settings](#)

[Government advice to parents and carers—what you need know about schools in the autumn term](#)

[Top ten tips to encourage children to read](#)

[Click here to sign up to receive a copy of the Primary Times](#)



Sign up to the brand new
Primary Times Devon and Plymouth
newsletter and more!

With attractions and business gradually reopening with new arrangements and home learning resources becoming more popular, the Primary Times would love to keep in touch with our readers with local updates, competitions, exclusive promotions and great activities and resources that we think you will love!



Mrs Youll's nomination I have two stars of the week:

Evie E for adapting well to all the new routines and changes at nursery.

Leelan for showing some new independence and taking all the changes at nursery in his stride.

I would like also like to say a special well done to our new starters for settling in well at nursery.

Jasmyn, Isabelle, Dexter, Pippa, Ben, Elana.

Miss Cawthorne and Miss Boundy

We would like to thank all of our parents for helping your children engage with the work set on Tapestry and for sharing the other work and activities you have been doing at home. You have all be stars!

Reception Team

Mr Quilter's nomination

This week myself, Mrs Oldfield, Mrs Huggins and Mrs Grimwood would like to award star of the week to **ALL parents** who have helped and supported their children through home learning.

Without your hard work, effort and dedication it would not have run as smoothly as it has done!

You are an incredible group of people and we are so grateful!

We hope everyone can now relax and enjoy some quality family time during the Summer break.

We look forward to seeing you in September! KS1 Team

Years 3 and 4 would like to say:

Miss Gulliford, Mrs Johnson and Mr Whapham have decided that instead of choosing a star of the week, we would like to say a huge thank you to all of the Orchard Vale parents who have supported their children and the school through their dedication to home learning during this unusual time.

Your commitment to the education and wellbeing of your children has been second to none; you have coped incredibly well under very strange circumstances.

We wish you all a fantastic Summer holiday and we cannot wait to see you all in September for our next adventure!

Miss Gulliford

Mrs Johnson

Mr Whapham

Years 5 and 6 would like to say:

Thank you for your support, positivity and kindness over the past few months.

Whilst the world has been a bit of a bewildering place since March we feel incredibly lucky to have been able to continue to provide a varied curriculum and educational opportunities to all pupils in Years 5 and 6 with your help.

Good luck to the Year 6's. We wish you well at secondary school.

Miss Squire

Mrs Rana

Mr Lewis

Mrs Harding's Stars of the Term.

This week I want to nominate all of the children, parents and carers in my group who have been working so hard on home and school based learning as my stars of the term. I have very much enjoyed reading your posts and looking at your work on SeeSaw and have been so proud of how hard you have all worked and how motivated you have been as the weeks and months rolled by.

A massive well done to you all!

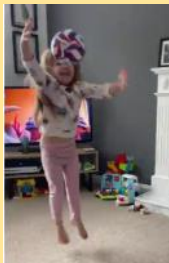
Something to share? What have you been doing?

If you would like to share photos of things you have been doing whilst at home please either send photos/ comments to your class teacher via Seesaw or Tapestry and confirm you are happy for it to appear on the newsletter or email the school on orchardvale@ventrus.org.uk.

Nursery virtual sports day pictures



Ayden



Bella O



Isla



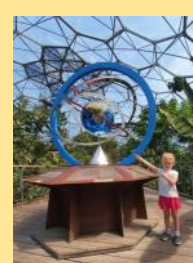
Owen



Mikey's
jellyfish



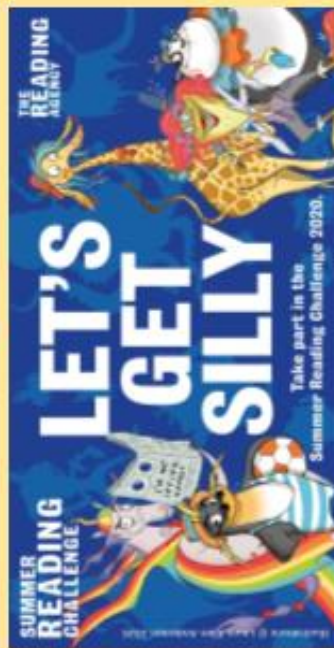
Mila's rainbow



Ivy at the Eden
Project

Happy Summer Everyone. Choose a book to read!





Barnstaple Library 2020 Summer Reading Challenge

The Summer Reading Challenge, presented by The Reading Agency and funded by Arts Council England, encourages children aged 4 to 11 to set themselves a reading challenge to help children to keep reading to build their skills and confidence. Last year more than 14,000 children across Devon and Torbay took part.

With the disruption caused by COVID-19 and the impact of social distancing on schools and public libraries, the 2020 Challenge will launch as a digital activity to keep children reading over the summer and support parents and carers with children already at home. The Challenge will run from June to September.

This year, Silly Squad, the Summer Reading Challenge 2020 celebrates funny books, happiness and laughter and features bespoke artwork from award-winning children's author and illustrator:

Laura Ellen Anderson
Amelia Farr
Evil Emperor Penguin
I Don't Want Curly Hair

Children taking part in the Challenge will join the Silly Squad, an adventurous team of animals who love to have a laugh and get stuck in to all different kinds of funny books!

The digital Challenge is free to access, featuring games, quizzes and digital and downloadable activities to incentivise and encourage children and their families to take part in reading-related activities at home.

Although our library buildings are closed we have boosted the number of children's books available to borrow via our e-lending platform which can be accessed from our [Devon Libraries](https://www.devonlibraries.org.uk) website. From July we will also be hosting lots of Silly Squad events and activities on our Facebook pages, so look out for those!

Parents can sign their children up [here](https://www.devonlibraries.org.uk).

OR

Parents can visit their Facebook pages <https://www.facebook.com/BarnstapleLibrary>

which will be hosting lots of Silly Squad digital events throughout the summer.

Barnstaple Library
Libraries Unlimited

01271 318780

[devonlibraries.org.uk](https://www.devonlibraries.org.uk)

@BarnstapleLib

[facebook.com/BarnstapleLibrary](https://www.facebook.com/BarnstapleLibrary)



Looking for something fun to entertain your children with over the summer holidays?

Then look no further!

We run online cookery classes for children aged from two to teens, via our Time to Cook Clubs.

Not only do the children in our Club have lots of fun, but they also learn key life skills and develop a love of cooking from scratch, as well as an awareness of where their food comes from.

To find out more or sign up to a Club you can email Claire at claire@timetocook.uk

Here's a review from one of our current members:

"The cooking they do gives them a real sense of pride and achievement, and most importantly to me, skills and confidence that they will take into their future (and I get out of cooking tea!)"

www.timetocook.uk



For all the latest information on our activities and events taking place over the summer, follow us on Social Media



@SustransDevon



Sustrans Devon

We'll be posting fun family activities, challenges and top tips for active travel.



Not sure?

If you're not yet sure if you want to get in touch and need more information in helping you make a decision please visit our website at TALKWORKS.dpt.nhs.uk

You can also take our Mood Quiz which can help you understand if how you're feeling is affecting your mental wellbeing.

If you're still unsure you may want to speak to your GP, before making direct contact with us.

What happens after you get in touch?

We will contact you to offer you an initial appointment. We will talk to you about how you are feeling, any difficulties you are experiencing and options for therapy.

While you are waiting for your appointment you may find the resources on our website helpful.

TALKWORKS
IMPROVING YOUR MENTAL AND PHYSICAL WELLBEING

674/03/19

"AN EXCELLENT SERVICE! I HAVE BEEN GIVEN THE TOOLS TO TAKE ON LIFE!"



If you require this leaflet in a different format or language please ask a member of our staff.

If you would like to provide feedback about our service please contact:

Patient Advice and Liaison Service (PALS)

Devon Partnership NHS Trust
Franklyn House
Franklyn Drive
Exeter, EX2 9HS

t: 01392 675 686

e: dpn-tr.pals@nhs.net

TALKWORKS.dpt.nhs.uk

NHS
Devon Partnership
NHS Trust

TALKWORKS

IMPROVING YOUR MENTAL AND PHYSICAL WELLBEING

WHEN YOU NEED TO GET YOUR LIFE BACK ON TRACK

0300 555 3344

TALKWORKS is a free, confidential, talking therapy service helping you to feel better and giving you the tools and techniques to improve your mental wellbeing.

How are you feeling?

Is the way that you are feeling affecting your daily life? Are you struggling to cope, feeling low, worrying more than usual and finding it hard to get a good night's sleep?

Many of us feel like this from time to time, but when these feelings and thoughts become overwhelming, when you feel you have to hide how you are feeling and do not understand what is happening to you, it may be time to get help.

You may have tried to Google symptoms or trawled through websites for self-help information, but are still not sure what to do.

Don't worry, you're not alone. We can help you get your life back on track.

We can help

We can offer you an initial appointment where we will listen to you and discuss your difficulties and your options for therapy.

We can offer you one-to-one appointments, either face-to-face or over the telephone, as well as the possibility of attending group workshops if they are more suitable for you.

We work with you using Cognitive Behavioural Therapy (CBT). This approach looks at how our thoughts, feelings and behaviours interact. It is a proven talking treatment for helping you to make changes to help you feel better. We can also offer you the option of doing our online CBT programme, Silvercloud if that is what you prefer.

We will work closely with you to review your progress regularly and agree next steps.



"NEED TO TALK? WE'RE HERE TO HELP."

Ready to take the next step?

If you feel ready to make changes, we can help you to manage things differently, get more out of life and feel more confident in the future.

Call:
0300 555 3344

Self-refer online:
TALKWORKS.dpt.nhs.uk

Living with a long term health condition?

A long term physical health condition can affect all aspects of your life. You can struggle to manage the changes that a health condition requires of you or find it more difficult to cope with your usual daily activities.

At **TALKWORKS** our **Talking Health Team** can work with you to help you manage the emotional difficulties that often go hand in hand with experiencing a long term health condition.