

Our mission is to provide each of our schools with a unique dining experience that is innovative, aspirational, quality assured and excellent value for money. We can assure you that our ingredients are responsibly, and where possible locally sourced. No ifs, no buts, our menu ingredients are all freshly prepared at your school. The results speak for themselves; access to hearty, wholesome and healthy food every school day.

## Week 1 1st/22nd Nov.– 13th Dec. 2021 - 17th Jan. – 7th Feb. - 7th/28th Mar. 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>M</b>	Cheese & Ham Pasta Bake	Butchers Sausage, Mash & Gravy	Roast Chicken & Stuffing	Fish Fingers	Beef Bolognese
<b>V</b>	Quorn Hotdog & Sweet Potato Wedges	Sweet and Sour Quorn Pieces with Rice	Broccoli & Cauliflower Bake	Quorn Nuggets	Roasted Veg. Bolognese
<b>Sides</b>	Sweetcorn & Fresh Broccoli	Peas & Green Beans	Roast Potatoes, Fresh Sliced Carrots, Cabbage & Gravy	Chips, Tomato Sauce, Peas & Beans	Pasta & Sweetcorn
<b>JP</b>	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
<b>SPL</b>	Egg Mayo Bap	Cheese Bap	Chicken Bap	Chicken Salad	Sausage Roll
<b>D</b>	Fresh Fruit	Chocolate Cake	Fruit Smoothie	Cookie	Banana Cake

## Week 2 8th/29th Nov.–2021-3rd/24th Jan. –14th Feb. –14th Mar. –4th Apr. 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>M</b>	Breaded Fish & Wedges	Brunch, Sausage, Bacon & Scrambled Eggs	Roast Gammon	Beef Burger in a Bap	Mild Chicken Korma & Wholegrain Rice
<b>V</b>	Sweet Potato & Lentil Curry with Sunshine Rice	Vegetarian Brunch	Vegetarian Roast	Quorn Nuggets	Cauliflower Bites with BBQ Sauce & Wholegrain Rice
<b>Sides</b>	Peas & Sweetcorn	Baked Beans & Hash Brown	Roast Potatoes, Fresh Broccoli, Sliced Carrots & Gravy	Chips, Tomato Sauce, Peas & Sweetcorn	Carrots
<b>JP</b>	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
<b>SPL</b>	Egg Mayo Bap	Cheese Bap	Gammon Bap	Chicken Salad	Sausage Roll
<b>D</b>	Sticky Toffee Sponge & Custard	Fresh Fruit	Fruit Smoothie	Cookie	Flapjack

## Week 3 15th Nov. - 6th Dec. 2021 –10th/31st Jan. –28th Feb. –21st Mar. 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>M</b>	Toad in the Hole, Creamy Mash with Gravy	Chicken & Vegetable Pie with Creamy Mash Potato	Roast Turkey with Herby Stuffing	Salmon Fish Cakes	Beef Lasagne & Garlic Bread
<b>V</b>	Spinach, Pepper & Mozzarella Pasta Bake		Vegetable Gratin	Quorn Nuggets	Roasted Vegetable Bolognese
<b>Sides</b>	Sliced Carrots & Peas	Sides - Sweetcorn & Green Beans	Roast Potatoes, Fresh Sliced Carrots, Broccoli & Gravy	Chips, Tomato Sauce, Beans & Sweetcorn	Cabbage & Peas
<b>JP</b>	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans, Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
<b>SPL</b>	Egg Mayonnaise Bap	Ham Bap	Turkey Bap	Chicken Salad	Sausage Roll
<b>D</b>	Fresh Fruit	Iced Sponge	Fruit Smoothie	Cookie	Flapjack

Yoghurts, Fresh Fruit & Bread will be available daily

Gluten free menu available on request