

Monthly Bulletin

October 2018

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A message from the Head of School.

The summer is finally over and the autumn is here to stay. This means that the nights will be starting to draw in and the clocks will go forward soon. As the evenings get darker it is very important that the children walk home safely on the pavements and that they use their lights on their bikes if they cycle home from clubs.



This term the school council will be organising a school bonfire party and I look forward to seeing you all in your wellies and warm coats. The year 3 and 4 children and year 1 and 2 children went on school visits this week and we would not be able to give our children such enrichment opportunities without the support of Friends of Orchard Vale and their fantastic fundraising efforts. Many thanks to the FOOV team for all of their support and I hope to see you all in your dancing shoes at the fundraising disco's that they have organised next week.

Year 5 6 Wild Night Out

This year Wild Night Out was definitely one of the wildest nights yet! All of the children had fun even when getting their wellies dirty at the campsite or playing in the rain back at base. We did various activities such as: Den Building,, Tunnelling, Colour Catching and art. We also enjoyed the Obstacle Course and making a fire of our own. We would like to thank all of the staff who helped to make it such a memorable time for us.

Written by Anna , Issie and Romilly



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Year 3 4 Trip to Heatree

Stone Age Experience - Years 3 and 4

The Year 3 and 4 children have been immersing themselves in the Stone Age. "We all thoroughly enjoyed our trip to Heatree Activity Centre. The children started off by making their own clay and using this to make sculptures. They ground oats using a stone and mixed this with honey and water to make porridge. We made Stone Age jewellery; sharpened the end of willow sticks to make spears and hunted 'Bertha' the legendary wild boar of Heatree. We drew cave paintings using natural paint on slate, made our own shelters and dressed as Stone Age people. The roundhouse was very smoky, but we were able to see how different it would have been to live in the Stone Age compared to our houses today." We are hoping to put some photos on the website Gallery shortly.

Back at school, some of the children composed their own Stone Age music using percussion instruments and choreographed a dance to accompany the music. In Forest School they have been exploring communication in the Stone Age using Makaton (sign language) and codes.



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Encouraging a Healthy Lifestyle at Orchard Vale. Mission Unbreakable—Team Orchard Vale

Mission Unbreakable 2018.

Over the weekend 10 members of Orchard Vale staff took part in the mission to complete a commando style obstacle course over 10k through the beautiful countryside of North Molton to raise money for the North Devon Hospice. The 30 obstacles ranged from cargo net climbing, to crossing rivers, to climbing ropes and jumping fires. The entire team completed the course in about 2 and half hours with all team members back at school on Monday safe and sound but a little bit achy and bruised.

If you sponsored an individual member of staff or the Orchard Vale team we would like to thank you for your support and we will keep you up to date with our total monies raised.



On Thursday KS1 took part in their own assault course on the school field in an attempt to raise money for this great charity.

Daily Mile

We have introduced the Daily Mile across Key Stage 2 to improve fitness and promote an active lifestyle. Each day the children will run laps of our school field for 10 minutes. We will tally up the number of laps (9 laps = 1 mile). For each 20 miles the children run they will receive a certificate. At the end of the year we will see how far we have run.

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Our Marathon Champion

A huge thank you to Mr Duff for running The Barnstaple Marathon to raise money for our



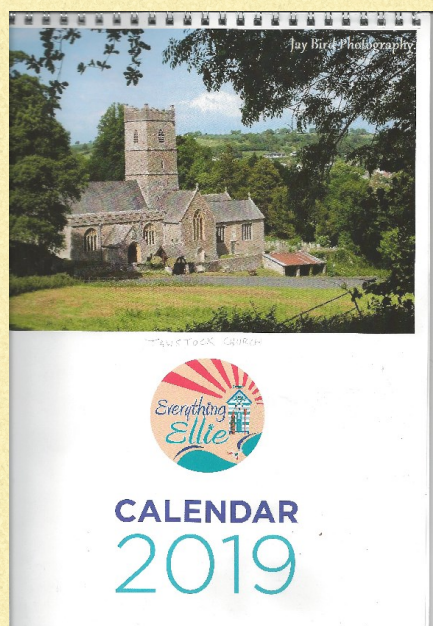
Key Stage 1 Visit to Paignton Zoo

All of the children and staff had a wonderful day at the Zoo. The weather was kind to us and the day ran very smoothly. The children have completed some fantastic follow up work following our visit.



Everything Ellie Calendar

A parent has created a Calendar with local photography. The cost is £6 with proceeds going to a local charity Everything Ellie. If you would like to order one please pop £6 in an envelope together with your name and contact number to Sue Manley by November 9th.



Dates for your diary

Mon, 29th Oct—Back to school

Thurs 1st Nov—Bike to School

Thur, 1st Nov—Early Years curriculum meeting

Fri, 2nd Nov—School Council Non-Uniform

Fri 2nd Nov - School Council Bonfire Event

Tue, 6th Nov —Parent Pupil Teacher i/vs

Wed, 7th Nov—Parent Pupil Teacher i/vs

Sat, 24th Nov—Friends of OV—Xmas Fayre

Mon, 26th Nov—Rec—Y5—Flu Vaccinations