

# Orchard Vale's Weekly News

## 25th September 2020

[www.ovschool.co.uk](http://www.ovschool.co.uk)

[orchardvale@ventrus.org.uk](mailto:orchardvale@ventrus.org.uk)



Despite the weather getting considerably colder we have had a great week with both children and staff showing how resilient they are and how well they have all settled into the 'new normal school life'.

Remember, we are all a work in progress. Be kind to yourself!

Setting goals for the future gives us direction.

Take one activity at a time, there is no need to rush.

Now that the extended summer is over we can all enjoy autumn with the wonderful things it has to offer.



Crunchy red and brown leaves.  
Cold autumn walks and cosy nights in with hot chocolate.  
Woolly jumpers and winter boots.  
Pumpkins.  
Roast dinners.  
The Great British Bake Off!



### Annual Parental Consent

If you haven't already completed the online Annual Parental Consent Form please could we ask you to do this as soon as possible. [Annual parental consent link](#)

### Breakfast Club



If you have expressed an interest in booking a place for your child at our Breakfast Club you should have received an email today providing more information and requesting you to complete your requirements via the online form link in that email.

### After School Care Provision

Thank you to those of you who completed the online form expressing your interest in and after school provision. We are now assessing the viability and how this facility will be run under the new Covid-19 guidance and will be in contact with you as soon as we are able to go forward.



**If you have not already done so please could you follow the link below**

Dear Parents/guardians,

### Annual Free Nasal Childhood Flu Vaccination Consent Required—Reception to Year 6



All children in **Reception to Year 6** are eligible for a Free Nasal Childhood Flu Vaccination. Nurses from the immunisation team will be at Orchard Vale on Tuesday, 13th October to administer the vaccinations to those children they have received consent for.

Flu vaccination is one of the most effective interventions to reduce pressure on the health and social care system which is going to be more important than ever this year. For this reason, it is essential we deliver the vaccine to as many children as possible to prevent the spread of infection to those most at risk in society.

**ACTION REQUIRED** -please [Provide/withdraw your permission for 2020/2021's Flu Vaccination on this link](#)

If you have any difficulties with completing the consent form please contact the Immunisation Team on our Single Point of Access (SPA).

Tel: 0300 247 0082 Email: [vcl.immunisations@nhs.net](mailto:vcl.immunisations@nhs.net)

School Age Immunisations Team, Virgin Care Services Limited Telephone: 0300 247 0082

## COVID19 School Absence

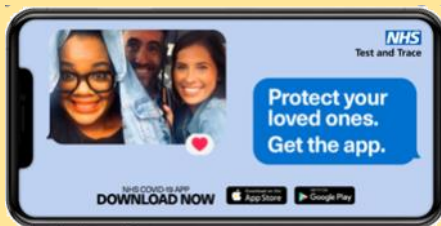
There's always a rise in the number of bugs and illness at the start of term, and this year for obvious reasons, there has been a heightened awareness of when our children feel unwell, though in most cases this will not be coronavirus (COVID-19).

However, coronavirus has not gone away so you can't rule it out, especially as children and young people experience much milder symptoms of the virus than adults.

We've created some useful resources to help you identify the symptoms of coronavirus compared to a cold or seasonal flu and what action you need to take if your child or anyone in your household develops symptoms of coronavirus. [You can find them on our website.](#)

It's extremely important that [anyone with coronavirus symptoms stays at home and gets tested](#) to avoid the risk of spreading the virus to others, including the more vulnerable in our communities.

That means if your child, or anyone in your household, has any of the symptoms of coronavirus, no matter how mild, you must keep your child off school and self-isolate your whole household while the person with symptoms gets tested and waits for the results. Just the person with symptoms needs to get tested. If you don't have symptoms, you don't need to get tested unless you are asked to by a health professional, but you do need to self-isolate until your household member gets their results.



[New NHS Covid-19 track and trace APP](#)



**If your child has:**  
**a high temperature**  
**a new, continuous cough, or**  
**a loss of, or change in, sense of**  
**smell or taste**

**This could be a sign of**  
**coronavirus**

**Book a test**

**If your child has:**  
**a runny nose, is sneezing or**  
**feeling unwell**  
**But they don't have:**  
**a high temperature**  
**a new, continuous cough, or**  
**a loss of, or change in,**  
**sense of smell or taste**

**These are**  
**not normally symptoms of**  
**coronavirus**

**Seek advice from a pharmacy, dial**  
**111 or see your GP**





## Test and Trace

23 September 2020

Dear parents and guardians,

This is an important letter to share some information on how we can work together to make sure we can continue to give children and young people the best education in the safest way possible.

One important part of ensuring the safety and wellbeing of pupils, students, parents and our communities is testing for coronavirus. We all have a duty to make sure that the right people have access to get tested at the right time. Every time a test is used inappropriately, a person with Covid-19 symptoms may miss out on getting tested.

Therefore, I ask that you all follow these principles:

- You should only book a test if your child has any of these three coronavirus symptoms:
  1. **a high temperature:** any new high temperature where your child feels hot to touch on their chest or back (you do not need to measure the temperature)
  2. **a new continuous cough:** coughing a lot for more than an hour, or three or more coughing episodes in 24 hours
  3. **a loss of, or change in, sense of smell or taste:** a noticeable loss of smell or taste or things smell and taste different to normal
- Your child **does not need a test** if they have a runny nose, are sneezing or feeling unwell but do not have a temperature, cough or loss of, or change in, sense of smell or taste because these are not normally symptoms of coronavirus.
- If you are unsure about whether to get a test, please check the official list of symptoms on the NHS website, which is reviewed regularly: [www.nhs.uk/conditions/coronavirus-covid-19/symptoms/](https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/)
- Only the person with symptoms should get a test. You do not need to get a test for anyone else in the household unless they also have any of the three symptoms listed above. All members of the household need to self-isolate whilst waiting for the test result.

- If the person with symptoms' test comes back positive, other members of their household should continue self-isolating for 14 days and **only get a test if they develop coronavirus symptoms**.

- If a pupil or student in a class or bubble tests positive for coronavirus, anyone who is advised to self-isolate **does not require a test unless they subsequently develop symptoms**.

No one else in the same class or bubble as the symptomatic person needs to take any action unless advised by the school or college. Schools and colleges have detailed guidance and access to a Department for Education and Public Health England helpline for advice and support.

Contacts of a person who has tested positive must follow the guidance carefully and in full, which means they must stay at home for 14 days. This is because it can take several days following contact with an infected person before an individual develops symptoms or the virus can be detected. Students should only book a test if they get symptoms.

The NHS has produced some guidance to help parents understand when their child can and cannot attend school which you may find useful: <https://www.nhs.uk/live-well/healthy-body/is-my-child-too-ill-for-school/>

It is vital for children and young people's learning and future opportunities that they are able to return to school and college. It is therefore vitally important that all we work together and do our bit to make this possible.

Yours sincerely,

**Professor Viv Bennett CBE**

Chief Nurse and Director Maternity and Early Years | Public Health England

**Dr Susan Hopkins**

Interim Chief Medical Officer | NHS Test & Trace

Deputy Director | Public Health England

Consultant in Infectious Diseases & Microbiology  
Royal Free, London

# Star of the Week

## Foundation Stage and Key Stage One



### Mrs Youll's

Leelan for being kind and helpful and doing some super tidying.

Dexter for working as a team and doing some super tidying.

### Miss Cawthorne's nomination – I have two stars of the week:

Molly for fantastic listening and working hard in phonics and maths.

Eddie for settling into school and working hard.



### Miss Boundy's nominations - I have two stars of the week:

Ellie-Mai is a ray of sunshine. She is always so happy and tries her hardest at everything she does.

Ayden has shown lots more independence this week and has worked hard in phonics.

### Mr Quilter's nomination

Grace is always a star! She has been working especially hard with her reading and she should be very proud of herself! Her spelling is improving and the quality of her written work is steadily improving.

Grace works hard and is a pleasure to work with! Well-done Grace, you are ace!!



### Mrs Oldfield's nomination

Drift is such a happy and smiley boy to have in our class. He is our star of the week this week because he has been extra amazing during maths. We are especially impressed with the way he is able to listen to the instructions and then confidently get on with the task set. He has shown great place value knowledge and will often help others when he is finished. Well done Drift you are a star.

### Mrs Grimwood's/Mrs Huggins' nomination

Ella-Rose has so improved on her listening skills this week. Ella-Rose has worked especially hard at learning her words and it is a joy to see how hard she is applying herself to this task. Ella-Rose works well with all the different adults in the room. She has a lovely smile and is indeed a shining star.





# Star of the Week

## Key Stage Two

### Miss Gulliford's nomination



Bibi - I am very proud to announce that this week my star of the week is Bibi. She has been trying extremely hard in all aspects of school life. She comes in with a smile, is kind, polite and extremely helpful to those around her. She is a huge support in the classroom and her gentle, caring nature does not go unnoticed. Well done you superstar!

### Mrs Johnson's nomination

Holly is such a ray of sunshine in the class and has approached all of the challenges so far this term with a smile. She is a wonderful friend and role model to others, with endless enthusiasm and energy throughout the learning week! You are a star Holly - well done!



### Mr Whapham's nomination



Archie has transitioned back into school brilliantly and has really wowed the adults he works with! He has returned full of enthusiasm and is bursting with ideas! He has engaged really well with our new English unit on Norse Gods and can't wait to find out more. He has also really impressed Mrs Cooper this week with his work in maths. He has been able to retain lots of information from his work in year 3 and is really flying! Well done Archie!

### Miss Squire's nomination

Phoebe is my star this week for her unfailing determination to give everything a go - even when it is outside her comfort zone. She gives all tasks maximum effort and I have seen incredible progress already, and she's only been a year six for three weeks! You are a superstar Phoebe, keep it up.



### Mrs Rana's/Mrs Lowrey's nomination



Flynn has impressed us with his attitude to learning and his hard work. This week Flynn has had his interest sparked both in Maths and English. In Maths he really stood out as someone who had a really good understanding of the maths he was doing and his drawing of the setting in Beowulf was amazing. He has been helpful in the classroom and helping others to keep their belongings tidy. In the daily mile he has had such great attitude to his running and showed super enthusiasm in doing this daily

### Mrs Harding's nominations

Lewis is a most deserving star of the week this week. He puts 100% effort into all that he does and is a great role model to the other children. Lewis has shown very rapid progress in writing in the last week. His presentation and handwriting are excellent, and he has been working very hard on the accuracy of his spelling and using commas. But most of all Lewis is a kind and thoughtful young man and we very much enjoy working with him each day. Well done Lewis! We are very proud of you! Mrs Harding, Mrs Knight and Miss Passmore.



### Mrs Lavictoir's nomination



This week, my star of the week is someone who has enthusiastically demonstrated their creative flair in all aspects of their learning. Her Grendel monster creation, inspired by our class Beowulf text, became a terrifying mixture of platypus and beast! The creative use of her vocabulary in her character description was outstanding and emotive. Keep engaging in your learning, offering ideas in class and being an all-round star, Heidi!

# MONSTER HERO SAFARI 2020

This is a national campaign designed to encourage people back into the town in a safe way whilst raising money for the NHS Charities. There are 9 towns in the South West taking part, of which Barnstaple is one!

Within Barnstaple, there are ten monsters, hidden around the town centre. To participate, you will need to find the starting poster which is in a window at the library. There will be a code to be scanned by your smart phone which will provide you with a map for a £2 per family fee. If you find and scan all the monsters, you will receive a free eBook about the monsters and will have an opportunity to donate to the NHS Charities Together.

Visit the [Monster Hero Safari](https://www.monsterherosafari.com) website to join the fun!!



**MONSTER HERO  
SAFARI 2020**

**LET THE HUNT BEGIN...**

Join us for a monstrously super family day out this summer.

10 Monster superheroes have been spotted on the high street and it's your job to find them!

Scan or tap their bellies to learn the names, stories and powers of all 10 cute and colourful MonsterHeroes and you'll unlock a free ebook of their first team-up adventure.

MORE INFO AT  
**MONSTERHEROSAFARI.COM**

Monster Hero Safari is a not-for-profit CIC. Reg No. 12645268

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