

# Orchard Vale's Weekly News

## 9th October 2020

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### Headteacher's message



My favourite part of the day is watching the children come into school with such energy and enthusiasm at the beginning of each day. It is a joy to see all your smiling faces in the morning ready to start a new day of learning.

I have also caught a few glimpses of some amazing homework. From model rockets to paintings, as well as special treasures brought from home. Children have been keenly talking me through their projects and all the learning they have been doing. Keep up the incredible effort!

With the days getting shorter and the weather turning it is essential that we be mindful about children being seen, by wearing items with fluorescent strips or bright colours, when they walk alongside roads on the way to and from school. Children also need to wear a good coat and sensible shoes to school, as we encourage them to go outside as much as possible during the school day, whatever the weather.

Have a wonderful weekend.

Fiona Pearce, Headteacher

### Annual Free Nasal Childhood Flu Vaccination

#### Reception to Year 6—Tuesday, 13th October

If you have given your online consent for your child to receive the annual free nasal childhood flu vaccination, the Vaccination Team from Virgin Health will be in school on Tuesday, 13th October to administer this during the school day.



### New package to support and enforce self-isolation



People on low incomes, who must self-isolate if they have symptoms or they are told to do so, and who cannot work from home and have lost income as a result, can receive £500.

It was announced earlier this week, at the same time as an announcement about fines for people who breach self-isolation rules, which rise to £10,000 for repeat offences.

Fines now also apply to people who prevent others from self-isolating when they should be. For example, a business owner who threatens self-isolating staff with redundancy if they do not come to work.

### Tempest Photography (individual photos only)

Thursday, 15th October 2020



Due to the Covid-19 restrictions this year Tempest Photography will only be taking individual photos of children. **NO SIBLING or FAMILY PHOTOS.**

Please could you send your child into school in their full school uniform on Thursday. You may like to provide them with a comb or brush for them to use prior to their photo sessions.

Tempest will deliver the proofs to us in a few weeks time when we will distribute them and confirm the date that we need to receive all orders by.

If you have any questions please speak to the School Office.

# Star of the Week

## Foundation Stage and Key Stage One



### Mrs Youll's

Maya for good listening and doing some super P.E. with Mr Ovey.

Pippa for good listening and trying hard in all your activities.

### Miss Cawthorne's nomination – I have two stars of the week:

Isla for fantastic listening and always working hard.

Owen for working hard and being helpful.



### Miss Boundy's nominations - I have two stars of the week:

Ronnie has been fantastic at phonics this week and has tried really hard in his writing.

Eden always works hard in everything she does. She is a great friend and loves playing with everyone.

### Mr Quilter's nomination

Poppy has been a very kind friend this week; she has been supporting others with their learning and has been working very hard.

Queen poppy is a lovely girl with a massive character. You truly deserve to be star of the week!  
Mr Q 😊



### Mrs Oldfield's nomination

Cheryl has really knuckled down in the last couple of weeks and this is having a huge positive impact to her learning. I am particularly impressed this week with her writing. She has made a fantastic space fact book. Keep up the great work. I am proud of you.

### Mrs Grimwood's/Mrs Huggins' nomination

Lilly has the most amazing attitude to school. She is always full of enthusiasm for everything we do. Lilly is exceptionally kind and is always the first to offer a helping hand wherever it is needed. Well done Lilly you are our shining star



# Star of the Week

## Key Stage Two

### Miss Gulliford's nomination

Theo N has shone the brightest this week. He has really worked his socks off with all aspect of school life. He is enthusiastic and is such a trier. He aims to please and when he does well he lights up the room with his cheer and his smile. Theo has also worked hard with his friendships and knows when to seek support from adults and friends around him. He has been extremely engaged in Forest school and our Viking topic even sharing his made up Viking story about pillaging around the campfire to the whole class. What a super learner!



### Mrs Johnson's nomination

Isla-Grace has impressed me so much with her mature and positive attitude to her learning. She also has a real pride in her work, producing detailed, neat and well-presented pieces every day. Isla-Grace, you have tackled this challenging return to school like a trooper - Well done!



### Mr Whapham's nomination

Lauren has worked really hard this week, particularly in English. She has been using the resources provided to improve the quality of her work and making good vocabulary choices. She is showing me that she is coming a more mature Year 4 pupil and she has shown a real focus in her learning. Well done Lauren!



### Miss Squire's nomination

Khloe is the most wonderful friend and is incredibly hard working. She is a really lovely person to have around to make you smile, help you with your work, make your day a little bit better. It has been lovely getting to know her this term.



### Mrs Rana's/Mrs Lowrey's nomination

Mrs Rana and I are both delighted to choose Will R as our star of the week. I know how much it will mean to him to know how proud we are to have Will in our class. He is smiley, he is funny, he has so much energy you would not believe. He has proven himself 100% this week and continues to shine every day. We are so incredibly proud to say it's a 10/10 from us Will!



### Mrs Harding's nominations

Jessica has worked very hard this week and given 100% effort to all that she has done. She has worked hard to write in paragraphs and use interesting adjectives in her writing and she has completed 25 nights of reading which is fantastic; well done! Maths is a challenge for Jessica, but she never gives up and she has achieved so much this week. But most of all Jessica is a kind and gentle young lady and I enjoy our chats when she comes into school each day. Well done Jessica; we are very proud of you!!



### Mrs Lavictoire's nomination

My star of the week, this week, is someone who has continued to make such an effort to focus in all of her lessons. She listens carefully to others and her joyful mood is infectious. She keeps us all smiling. Not only has this person been a star in her lessons, she has also created a whole poetry anthology in her own time, bringing it in to share in school. Your attitude towards learning and how supportive you are of everyone makes you a true star. Keep shining, Libby!





## Year 3 and 4 Proud Cloud



This week we are proud to share the children's success for consistently reading 25 times a week at home. The following children have reached their first step on the Proud Cloud. When children reach 50 they will receive their first certificate.

Well done to:

**Theo C**

**Ryder**

**Martha**

**Larisa**

## Reminder for Years 3 and 4 Classes

In years 3 and 4, we plan to do forest school whatever the weather. However, due to the Covid-19 restrictions we cannot hand out forest school kit. We are more than happy for children to bring in old clothes they don't mind getting mucky, wellies/old trainers and suitable warm clothing, which they can get changed into. They need to be warm and dry!



Forest school days are:  
**Mr Whapham's class—Wednesday morning**  
**Miss Gulliford's class—Thursday afternoon**  
**Mrs Johnson's class—Friday afternoon**



## Nursery Forest School information



With the change in the weather the children in Nursery will be wearing 'all in one suits' for forest school as well as wellies, every Monday morning.

Can children come to school already dressed for forest school each Monday. Please put school shoes in a bag which we will put on your child's peg.

If your child has their own waterproof suit can you please also send your child to nursery already wearing it.

If your child doesn't have an 'all in one suit' then that's fine as we have plenty of spare ones for them to borrow. Thank you. Mrs Youll

## Menu—w/c 12th October

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b> – Macaroni cheese, focaccia bread and sweetcorn  <b>Vegetarian</b> – Vegetarian Hotdog with crispy round potatoes and sweetcorn  <b>Jacket potato</b> – Cheese only	<b>Main</b> – Sausage, mash and gravy with peas  <b>Vegetarian</b> – Butternut squash, spinach and courgette casserole with potato mash and peas  <b>Jacket potato</b> – Cheese / beans	<b>Main</b> – Roast chicken, gravy potatoes and fresh vegetables  <b>Vegetarian</b> – Vegetarian sausage roll with potatoes and fresh vegetables  <b>Jacket potato</b> – Tuna / Cheese	<b>Main</b> – Beef bolognese, Pasta with sweetcorn  <b>Vegetarian</b> – Focaccia bread pizza with pasta and sweetcorn  <b>Jacket potato</b> – Cheese /Beans	<b>Main</b> – Fish fingers, chips and veggie sticks  <b>Vegetarian</b> – Quorn nuggets, fries and vegetable sticks  <b>Jacket potato</b> – Cheese /Tuna
<b>School packed lunch option</b>  Sausage Roll, desert, fruit and crisps	<b>School packed lunch option</b>  Cheese Sandwich, desert, fruit and crisps	<b>School packed lunch option</b>  Ham Sandwich, desert, fruit and crisps	<b>School packed lunch option</b>  Cheese and onion pasty, desert, fruit and crisps	<b>School packed lunch option</b>  Ham sandwich, desert, fruit and crisps
<b>Dessert</b> Fresh Fruit	<b>Dessert</b> Carrot cake	<b>Dessert</b> Various ice-creams	<b>Dessert</b> Apple flapjack	<b>Dessert</b> Chocolate cracknel

## Mr Ovey's PE Champions

This week Mr Ovey has selected his PE Champions from Key Stages 1 and 2.

**Years 1 and 2**— The award goes to someone who enjoys PE so much that her enthusiasm make us all thoroughly enjoy it too —**Sophie L.**

Key Stage Two children have been completing a gymnastics challenge this week.

**Years 3 and 4**— For her excellent gymnastics skills—**Olivia C.**

**Years 5 and 6**—For the effort he put in to his 'eggroll' - **Kiaron.**

**Mr Quilter's class have been practising their yoga moves.**





## Miss Gulliford's class dragon forest



Theo



Theo



Bibbi



Libby



Frankie



Matthew



Jack



Lily-Rose



Mia



## COVID19 School Absence

There's always a rise in the number of bugs and illness at the start of term, and this year for obvious reasons, there has been a heightened awareness of when our children feel unwell, though in most cases this will not be coronavirus (COVID-19).

However, coronavirus has not gone away so you can't rule it out, especially as children and young people experience much milder symptoms of the virus than adults.

We've created some useful resources to help you identify the symptoms of coronavirus compared to a cold or seasonal flu and what action you need to take if your child or anyone in your household develops symptoms of coronavirus. [You can find them on our website.](#)

It's extremely important that [anyone with coronavirus symptoms stays at home and gets tested](#) to avoid the risk of spreading the virus to others, including the more vulnerable in our communities.

That means if your child, or anyone in your household, has any of the symptoms of coronavirus, no matter how mild, you must keep your child off school and self-isolate your whole household while the person with symptoms gets tested and waits for the results. Just the person with symptoms needs to get tested. If you don't have symptoms, you don't need to get tested unless you are asked to by a health professional, but you do need to self-isolate until your household member gets their results.



**Over and above**  
Charity no: 1051463

**Great Purple Week**

**19th-25th  
October 2020**

FOR MORE INFORMATION VISIT  
OUR WEBSITE:  
[WWW.OVERANDABOVE.ORG.UK](http://WWW.OVERANDABOVE.ORG.UK)

Join us and support  
your local  
**NHS**

### Over and above Cancer and Wellbeing Centre Appeal.

During the week of 19th - 22nd October we will be taking part in the Great Purple Week.

The children will be coming home with a rainbow colouring sheet. It would be great if they could colour this in and fill it with coins donated by family and friends, to add a bit of sparkle!

Every penny raised will go to the charity, Over and Above.

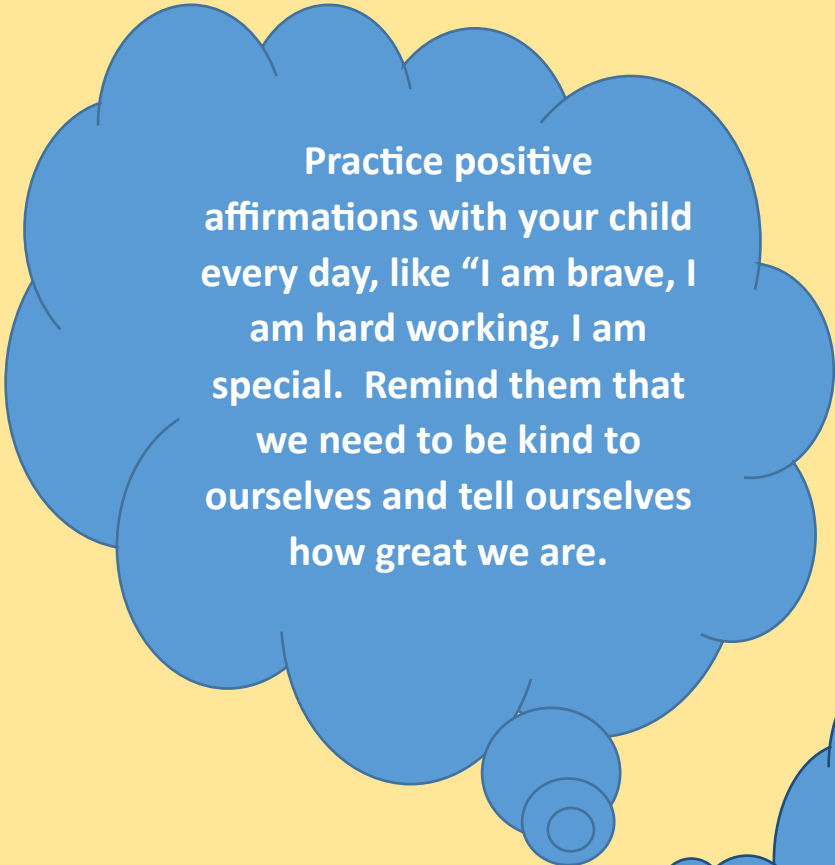
The Over and Above Centre opened in July at NDDR. It is a safe haven for anyone needing support during their cancer journey; a place where patients, their families and carers can access information, complementary therapies, counselling and other support in a safe and welcoming environment.

### Wear purple for the day Wednesday 21st October

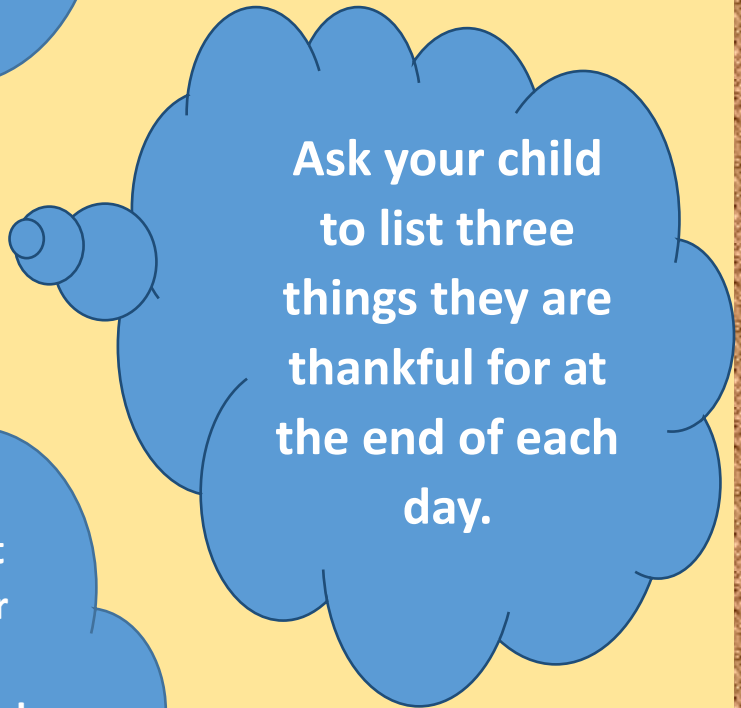
Children can come to school wearing purple, it can be a simple bow in the hair or a full on outfit of purple.

The children can bring in their completed sheets, with any donations they have received pre-stuck on, which they can place in a box in the playground.

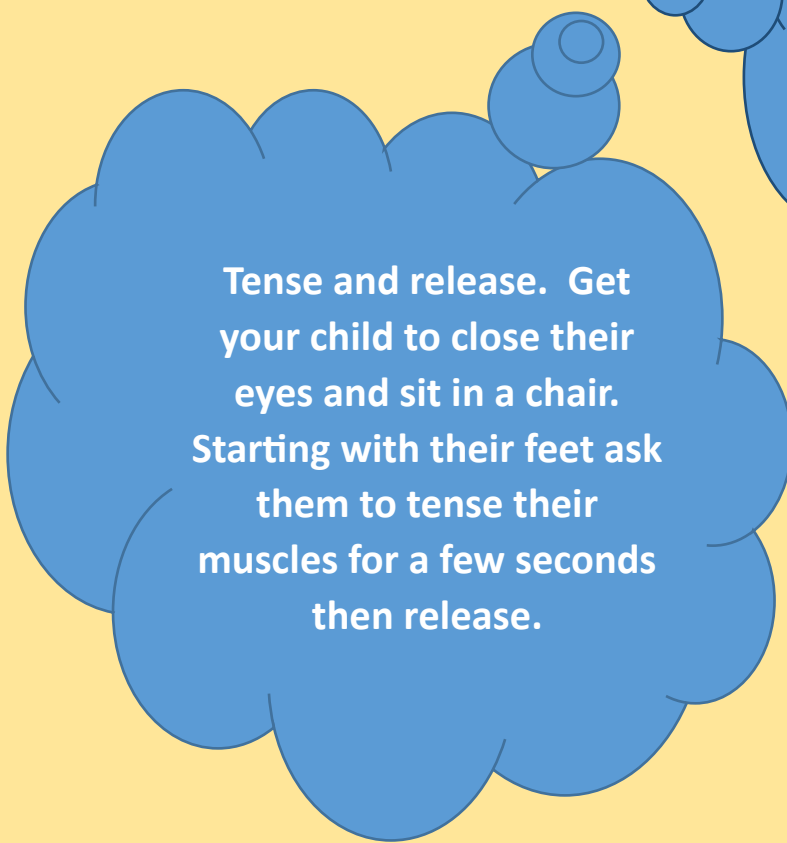
## World Mental Health Day



Practice positive affirmations with your child every day, like “I am brave, I am hard working, I am special. Remind them that we need to be kind to ourselves and tell ourselves how great we are.



Ask your child to list three things they are thankful for at the end of each day.



Tense and release. Get your child to close their eyes and sit in a chair. Starting with their feet ask them to tense their muscles for a few seconds then release.