

PE Medium Term Plans- Basketball.

	Spring 2					
	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6
KS1	Milestone 1 objectives covered: <ul style="list-style-type: none"> • Use running, jumping and catching skills in combination. • Use the terms 'opponent' and 'team-mate'. • Dribble a ball while moving slowly in their own space. • Decide when and where to pass. • Change direction. • Recognise space on a court. 					
Y1 working towards milestone 1 objectives.	Moving in a variety of ways including running and sidestepping. Children learn to dribble a ball using their hands whilst moving in a space.	Moving in a variety of ways and directions. Children learn to change direction when dribbling to avoid static markers.	Changing direction when running or sidestepping. Children practice throwing and catching using over-arm throws, chest passes and bounce passes.	Children use all their movement skills to evade an opponent. Children participate in small games involving passing. They score points by making a number of passes. They must choose when and who to pass to.	Children use their movement skills to find space on the court. Children participate in small games involving dribbling and passing. They score points either by dribbling to a target, or by making a number of passes.	Assessment Children participate in small sided games.
Y2 working towards milestone 1 objectives.	Moving in a variety of ways including running and sidestepping. Children learn to dribble a ball using both hands whilst moving in a space.	Moving in a variety of ways and directions. Children learn to change direction when dribbling to avoid moving objects.	Changing direction when running or sidestepping. Children practice throwing and catching using over-arm throws, chest passes and bounce passes. They play 'piggy in the middle' and choose the best pass to evade the opponent.	Children use all their movement skills to evade an opponent. Children participate in small games involving passing. They score points by making a number of passes. They must choose when and who to pass to.	Children use their movement skills to find space on the court. They change their pace to evade their opponent. Children participate in small games involving dribbling and passing. They score points either by dribbling to a target, or by making a number of passes.	Assessment Children participate in small sided games.
LKS2	Milestone 2 objectives covered: <ul style="list-style-type: none"> • Follow the rules of the game and play fairly. • Maintain possession of the ball. • Dribble a ball while changing speed and direction. • Be able to change direction quickly. • See court spaces. • Evade an opponent. 					
Y3 working towards milestone 2 objectives.	Children move in a variety of ways and directions. Children learn to dribble a ball using both hands, changing direction and speed in response to a sound such as a clap or whistle.	Children change direction quickly when running or sidestepping. Children learn to change direction and speed when dribbling to maintain possession when under pressure from static defenders.	Children use changes in direction to evade an opponent through dodging sideways. Children learn to dodge around a static opponent when dribbling. Children work with a partner to evade a defender. The defender can move sideways along a line. The players must choose dribble or pass in order to maintain possession of the ball.	Children work in pairs to move around the court using their dribbling and passing skills. There are a number of 'target zones' set up on the court and pairs score points by passing the ball through these target zones. There can only be one pair working in a zone at a time, so players must learn to spot spaces on the court.	Children participate in small games. They follow the rules and play fairly.	Assessment Children participate in small sided games.
Y4 working towards milestone 2 objectives.	Children move in a variety of ways and directions. Children learn to dribble a ball using both hands, changing direction and speed in response to a static object.	Children change direction quickly when running or sidestepping. Children learn to change direction and speed when dribbling to maintain possession when under pressure from moving defenders.	Children use changes in direction to evade an opponent through dodging sideways. Children learn to dodge in different directions to evade a static opponent. Children work with a partner to evade a defender. The defender can move sideways along a line. The players must choose dribble or pass in order to maintain possession of the ball.	Children work in pairs to move around the court using their dribbling and passing skills. There are a number of 'target zones' set up on the court and pairs score points by passing the ball through these target zones. There can only be one pair working in a zone at a time, so players must learn to spot spaces on the court. Defenders can be introduced in order to stretch confident players.	Children participate in small games. They follow the rules and play fairly.	Assessment Children participate in small sided games.

UKS2	Milestone 3 objectives covered: <ul style="list-style-type: none"> Uphold the spirit of fair play and respect in all situations. Pass and move quickly into space, making decision about when and where to move. Dribble fluently and efficiently. Defend a space or player. Work with team mates in order to gain points. Communicate effectively during a game. 					
Y5 working towards milestone 3 objectives.	Dribbling. Children consolidate their dribbling skills using a variety of drills and games.	Defending skills. Pupils learn to mark a player with the ball when they are static. Pupils learn to position themselves to prevent a player dribbling or passing in a particular direction.	Game: Children work in teams of 3 to move around the court using their dribbling and passing skills. Defenders try to touch or gain possession of their ball, so players must learn to move into space and evade the defenders. Groups have 2 lives. The last group standing, wins. Attacking focus: Deciding when and where to move into space. Defending focus: Learning how to put pressure on a dribbling player.	Game: Children work in groups of 3 to move around the court using their dribbling and passing skills. There are a number of 'target zones' set up on the court and groups score points by passing the ball into these target zones. Each target zone is worth a different number of points. The zones are defended by pairs of defenders. Attacking focus: Working together to decide how to score points. Defending focus: Working together to defend the zoned areas in the most effective way.	Children play small sided games. They follow the rules and show fair play.	Assessment Children participate in small sided games.
Y6 working towards milestone 3 objectives.	Dribbling. Children consolidate their dribbling skills using a variety of drills and games. They demonstrate control, even when under pressure from a defender.	Defending skills. Pupils learn to mark a player with the ball when they are moving. Pupils work with a partner to position themselves to prevent a player dribbling or passing in a particular direction.	Game: Children work in teams of 3 to move around the court using their dribbling and passing skills. Defenders try to touch or gain possession of their ball, so players must learn to move into space and evade the defenders. Groups have 2 lives. The last group standing, wins. Attacking focus: Deciding when and where to move into space. Defending focus: Learning how to put pressure on a dribbling player.	Game: Children work in groups of 3 to move around the court using their dribbling and passing skills. There are a number of 'target zones' set up on the court and groups score points by passing the ball into these target zones. Each target zone is worth a different number of points. The zones are defended by pairs of defenders. Attacking focus: Working together to decide how to score points. Defending focus: Working together to defend the zoned areas in the most effective way.	Children play small sided games. They follow the rules and show fair play.	Assessment Children participate in small sided games.