

PE Medium Term Plans- Football

	Autumn 2					
KS1	Theme: Passing and Dribbling					
	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6
	Milestone 1 objectives covered: <ul style="list-style-type: none"> • Dribbling a ball while moving in their own space. • Developing tactics to keep possession. • Change direction. • Kick a stationary ball from a short run up. • Use running and kicking skills in combination. • Send an object towards a target. • Keep possession by passing and receiving a ball. 					
	Pupils learn how to manipulate a ball and practice dribbling with different parts of feet			Pupils learn how to correctly pass a football to a partner and do so whilst on the move.		
Y1 Working towards milestone 1 objectives.	Pupils learn how to move around an area whilst keeping a football under control. Encourage use of inside feet and remind to not use hands or toes to control ball	Pupils again use their feet to manipulate and move ball but now looking at avoiding stationary objects such as cones and hoops.	Pupils now try to follow a partner whilst dribbling with the ball, this encourages to keep their head up and not look down at the ball	Pupils learn how to correctly pass a football stationary to a partner. Keeping planted foot grounded and using inside of foot of kicking foot to pass.	Pupils learn to pass whilst dribbling.	Assessment. Pupils play football based competitive games to utilise their skills learnt previously in a competitive format.
Y2 Working towards milestone 1 objectives.	Pupils look at dribbling using a variety of different parts of their feet. For example, the inside, the outside and the sole of their feet.	Pupils look at different types of turns in order to change direction and evade defenders.	Pupils now practice keeping the ball under control whilst evading defenders who are trying to tag them.	Pupils look at passing the ball whilst on the move.	Pupils look at passing the ball at target trying to be extremely accurate with their pass.	Assessment. Pupils play football based games which involve passing and dribbling at speed.
LKS2	Milestone 2 objectives covered: <ul style="list-style-type: none"> • Choose appropriate tactics to cause problems for the opposition. • Maintain possession of a ball. • Dribble a ball while changing speed and direction. • Pass to team mates at appropriate times. • Make more complex decisions e.g when to pass and who to pass to. • Follow the rules of the game and play fairly. • Lead others to act as a respectful team member. 					
	Pupils learn and develop the skills needed in order to be an effective team member in a football match.					
Y3 working towards milestone 2 objectives.	Pupils learn how to use their body to protect a ball from defender, also use turns and skills in order to evade.	Pupils practice evading a defender and making up ground in order to get closer to a certain point.	Children learn the basic principles of defending and practice winning the ball off of someone by tackling.	Children practice and look at using a team mate in order to keep the ball way from a tackling defender.	Children learn and compete in small sided adapted football games.	Assessment Children continue to learn and compete in small sided adapted football games.
Y4 working towards milestone 2 objectives.	Pupils look to use their skills and turns effectively to be successful in keeping the ball away from a defender.	Pupils practice evading a defender and making up ground in order to get closer to a certain point.	Children learn the basic principles of defending and practice winning the ball off of someone by tackling. Begin to understand how and when to tackle.	Children practice and look at using a team mate in order to keep the ball way from a tackling defender. Begin to learn when the best decision is to pass and when the best decision is to dribble.	Children learn and compete in small sided adapted football games.	Assessment Children learn and compete in small sided adapted football games.
UKS2	Milestone 3 objectives covered: Work with team mates. Lead others when called upon and act as a good role model within a team. Choose and combine techniques in game situations.					

	<p>Choose the most appropriate tactics for a game. Move into space. Communicate effectively. Support the ball carrier. Uphold the spirit of fair play and respect. Defend and attack tactically by anticipating the direction of play.</p>					
	Pupils to enhance their skills needed in order to be an effective team member in a game of football					
Y5 working towards milestone 3 objectives.	Pupils start to learn about different roles and responsibility of different positions in football	Pupils begin to learn and discuss tactics needed in order to win a football match	Pupils participate in SSGs and understand how we use tactics to be successful	Pupils participate in SSGs and understand how we use tactics to be successful	Pupils participate in SSGs and understand how we use tactics to be successful	Assessment Pupils participate in SSGs and understand how we use tactics to be successful
Y6 working towards milestone 3 objectives.	Pupils start to learn about different roles and responsibility of different positions in football	Pupils begin to learn and discuss tactics needed in order to win a football match, pupils begin to assign individuals to certain positions	Pupils participate in SSGs and understand how we use tactics to be successful and begin to use these tactics effectively.	Pupils participate in SSGs and understand how we use tactics to be successful and begin to use these tactics effectively.	Pupils participate in SSGs and understand how we use tactics to be successful and begin to use these tactics effectively.	Assessment Pupils participate in SSGs and understand how we use tactics to be successful and begin to use these tactics effectively.