



Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	*Meat Balls In Handmade Tomato Sauce	Handmade Chicken Pie	Roast Beef & Yorkshire Pudding	Home Made Margherita Pizza	Harry Ramsden's Fish
Vegetarian	*Sweet Potato & Lentil Curry	Sticky Quorn Sausage	Handmade Vegetarian Roast	Bean & Pasta Casserole	Handmade Cheese Frittata
Sides	Rice, Peas & Cauliflower	Creamed Potatoes, Broccoli, Sweetcorn & Gravy	Roast Potatoes, Carrots, Cabbage & Gravy	Baked Potato Wedges, Sweetcorn & Peas	Chipped Potatoes Seasonal Vegetables Tomato Sauce
Dessert	*Raspberry & Apple Sponge with Custard	*Fruit Jelly & Ice Cream	*Fresh Fruit Platter	*Handmade Iced Carrot Cake	Handmade Chocolate Shortcake
Available Each Day	Fresh fruit, salad, bread, yoghurt and water Jacket potato option (please check with your school for availability)				
Week starting:	31 Oct • 21 Nov • 12 Dec • 16 Jan • 6 Feb • 6 Mar • 27 Mar				



Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pasta Bolognese	Mixed Grill Bacon, Sausage, Diced Potatoes, Baked Beans	Roast Chicken & Stuffing	Cottage Pie with Sweet Potato Topping	Fish Fingers
Vegetarian	Vegetarian Sausage Roll with Tomato Sauce	Vegetarian Chili with Rice	Quorn Roast	Cheese Pasta Bake	*Vegetarian Wrap
Sides	Pasta with Broccoli & Carrots	Peas & Tomato	Roast Potatoes, Broccoli, Carrots & Gravy	Crusty Bread & Farmhouse Vegetables	Chipped Potatoes, Seasonal Vegetables & Tomato Ketchup
Dessert	Handmade Madelaine Sponge & Pink Custard	Lemon or Raspberry Mousse Slice	*Handmade Autumn Fruit Crumble & Custard	*Fresh Fruit Platter	Handmade Chocolate Crackle
Available Each Day	Fresh fruit, salad, bread, yoghurt and water Jacket potato option (please check with your school for availability)				
Week starting:	7 Nov • 28 Nov • 2 Jan • 23 Jan • 20 Feb • 13 Mar				

Did you know?

Apples grow on trees and in spring the tree produces blossom. Blossom are flowers. Tucked inside the bottom of each blossom is the ovule. Inside the ovule are the seeds that will turn into an apple when the bees have pollinated it. The apple will take about 4 months to grow and will be ready to eat in Autumn.



Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Oven Baked Sausages with Baked Potato Wedges	Braised Beef In Onion Gravy	Roast Gammon & Pineapple	Tomato & Herb Pasta with Crusty Bread	Salmon Crispy Fingers
Vegetarian	Quorn Korma with Rice & Naan bread	Handmade Cheese Wheel (made with Wykes Cheese) & Tomato Relish	Handmade Hominy Pie	Homemade Lentil Roast with Oven Baked Potato Wedges	Vegetarian Burger In a Seeded Bun
Sides	Baked Beans or Green Beans	Creamed Potatoes, Cabbage & Sweetcorn	Roast Potatoes, Carrots, Green Beans & Gravy	Broccoli & Peas	Chipped Potatoes, Seasonal Vegetables & Tomato Ketchup
Dessert	*Sticky Chocolate Slice with Chocolate Sauce	*Fruit Platter	Lemon Drizzle Cake with a Milk Drink	Fruit Smoothie	*Handmade Fruity Flapjack
Available Each Day	Fresh fruit, salad, bread, yoghurt and water Jacket potato option (please check with your school for availability)				
Week starting:	14 Nov • 5 Dec • 9 Jan • 30 Jan • 27 Feb • 20 Mar				

Did you know?

Pumpkins are popular decorations during Halloween. A carved pumpkin illuminated by candles is known as a 'jack-o-lantern'. When you make your lantern, save the seeds and dry them for a delicious healthy snack and make the flesh into soup or pumpkin pie.

